

Annapurna Base Camp Heli Return Trek

Url: <https://www.glorioushimalaya.com/trip/annapurna-base-camp-helicopter-return-trek/>

Duration

9

Max. Altitude

4,210m

Difficulty

Moderate

Group Size

Min : 2 Pax

Per Person Cost

USD 1500

Transport

Car, Jeep, Plane, Helicopter

Meals

Breakfast, Lunch, Dinner

Accommodation

Hotel and Lodge

Starts At

Kathmandu

Ends At

Kathmandu

Highlights

- Fly to the tourist hub of Nepal - Pokhara with enchanting views of mountains parallel to us throughout the flight
- Traverse through a scenic path enhanced with verdant valleys, lush hills and charming villages in the backdrop of beautiful Himalayas.
- Witness the glorious sunrise over the snowcapped peaks from Poonhill
- Magnificent views of mountains like Mt. Annapurna, Mt. Macchapucchre, Mt. Hiunchuli, Mt. Nilgiri, etc.
- Annapurna Conservation Area and Annapurna Sanctuary
- Helicopter ride over the Annapurna region.

Overview

Annapurna Base Camp Heli Return Trek is an excellent substitute for the standard Annapurna Base Camp Trek. Unlike other tours and treks, Annapurna Base Camp Helicopter Return Trek is a superb

combo of trekking and heli tour activity. It is an exciting journey where you can admire the glory of the Annapurna region from very close. The lush landscapes, hills, valleys, forests, and lakes in the backdrop of the beautiful Annapurna massif make the Annapurna region, a natural paradise. And, the Tour allows you to experience the natural ecstasy of this place's live. Immerse into the diverse biodiversity and rich ecosystem of Annapurna Conservation Area as Annapurna Base Camp Heli Return Trek by Glorious Himalaya Trekking is here to connect you with the mesmerizing enigma of Annapurna panorama and Annapurna region as a whole. Follow the scenic trail to Annapurna Base Camp; a trail that is considered as one of the best trekking routes in Nepal.

Trekking to [Annapurna Base Camp](#) and accomplishing the entire trek requires a commitment of at least 14 days. Also, one should be able to walk to the base camp and back for at least 11 days. If you are amongst those, who are in the constraint of time or physically not so active or would prefer an easy way out to Annapurna Base Camp, then Annapurna Base Camp Heli Return Trek could be an ideal travel package for you. You can experience both - the adventure of trekking and the thrill of flying over the Annapurna region to get an aerial view of almost every attraction in the [Annapurna region](#).

Annapurna Base Camp Heli Return Trek initiates from the picturesque city of Pokhara. The trail follows a scenic path along the foothills of Annapurna. It passes various charming ethnic villages, farmlands, hills, and forests along the way to Annapurna Base Camp. The route takes you to [Ghorepani and Poonhill](#). Ghorepani is an appealing Gurung village which fascinating views of Annapurna in the background. Likewise, Poonhill is a popular viewpoint that offers some mesmerizing views of the sunrise amidst the snow-clad peaks in the Annapurna panorama. The trail further passes some villages like Deurali and Sinwa to Annapurna Base Camp where one can rejoice the towering peaks of mountains rising high one over the other. Annapurna Base Camp, also known as Annapurna Sanctuary is truly a reviving place to be at. One can spend hours admiring and acknowledging the glory of this place. Finally, Annapurna Base Camp Heli Return Trek concludes with a Heli ride back to Pokhara. The wilderness of mountains along with the charm of hills, valleys, lakes, and forests that one can witness during the helicopter tour is indeed a lifetime memory.

So, are you ready to immerse into the magnificence of the Annapurna region? Opt for Annapurna Base Camp Heli Return Trek with Glorious Himalaya Trekking! It is an opportunity to enjoy the dramatic views of verdant valleys, lush hills along with the grandeur of Mt. Annapurna, the tenth highest mountain in the world accompanied by various other peaks in the region like Mt. Macchapucchre, Mt. Nilgiri, Mt. Hiunchuli and many more. The best time for this tour can be anytime between March to May and September to November.

Itinerary

Day 01: Arrival in Kathmandu and transfer to the hotel (1400m)

Welcome to the country of the Everest! A representative from our team will pick you up at the airport and drive you to a hotel in Kathmandu. Check in to the hotel. The representative will brief you on the plans ahead. The rest of the time is on your own. Tonight at the hotel in Kathmandu.

Day 02: Fly to Pokhara and trek to Tikhedhunga (1495m) - 5 hrs walk

After breakfast, we head towards the domestic terminal of Kathmandu airport to catch an early flight to Pokhara. Upon arrival, you will be driven to Nayapul which is just half an hour's drive from the Pokhara airport. Nayapul is the starting point of the trekking journey to Annapurna Base Camp. From Nayapul, we follow a well-paved and easy trail along the charming villages and lush environment to head towards Tikhedhunga. We pass fertile land along the terraced farmlands and dense lush forests to the north bank of Bhurungdi Khola. We follow the river and climb up the valley to Hile. From Hile, we make a short climb up to Tikhedhunga. Stay tonight at Tikhedhunga.

Day 03: Trek to Ghorepani (2850m) - 7 hrs walk

After breakfast in Tikhedhunga, we continue with our trek towards Ghorepani. We climb up steep along with a long series of stone-paved staircases to Ulleri. Ulleri is a large Magar settlement area in the region. The climb up to Ulleri can be quite difficult and tiring, but the walk is worth it. We will be rewarded with some magnificent views of mountains like Annapurna, Macchapucchre, and Hiunchuli. From Ulleri, we further climb up along a forested area where we can encounter some wild animals like monkeys, boars, etc, and many species of birds flying freely in the sky. We can also see some mesmerizing springs and rivers that add to the beauty of the trail. We pass Naghethanti and climb up until we open up to the village of Ghorepani. Ghorepani is truly a natural paradise inhabited by people of the Gurung community. Here, we can enjoy a night stay in some authentic guesthouses in the backdrop of beautiful Himalayas. From Ghorepani, the mountains like Annapurna, Dhaulagiri, Macchapucchre, Nilgiri, Tukucho, etc. are distinctly visible. Tonight at Ghorepani.

Day 04: Hike to Poonhill (3210m) and trek to Tadapani (2500m) - 6 hrs walk

It's a great start of the day! We wake up early and walk up towards Poonhill to catch the mesmerizing views of the sunrise over the majestic snow-clad mountains. Watching the golden rays of sun fall over the white snow-clad mountains is truly a heavenly experience. The pristine air, birds chirp, and wilderness of mountains bring positive vibes to your soul which is a plus point of your walk towards Poonhill. One can have brilliant views of more than 32 different peaks in Annapurna range from here which includes popular peaks like Annapurna, Dhaulagiri, Nilgiri, and many more. From Poonhill, we return back to the guesthouse for breakfast and continue with our walk along the trail to Tadapani. Tonight at Tadapani.

Day 05: Trek to Sinwa (2310m) - 6 hrs walk

We leave Tadapani and follow the trail that goes steep downhill towards Khimrong Khola. The trail is full of magnificent views of lush rhododendron forests and mountains. As we reach the bank of Khimrong river, we cross a bridge over the river and walk for around three hours to Chomorong. On the way, we pass many interesting villages and people. Chomorong is an ideal place to get an undisturbed view of Macchapucchre Himal and Annapurna Himal. From Chomorong, we descend for a while and start ascending up until we open up to the village of Sinwa. Stay overnight at Sinwa.

Day 06: Trek to Deurali (3150m) - 6 hrs walk

Moving ahead, we follow the trail that traverses through the dense rhododendron and bamboo forests today. It can be an opportunity to encounter some amazing species of wildlife amidst the dense jungles of the Annapurna Conservation area. We move out of Sinwa and head to Dovan. We then cross two small streams on our way to climb up to the Hinku cave (an overhanging rock-like formation). From Hinku cave, we make a final ascent to Deurali. Deurali is our stopping point for the day. Overnight at Deurali.

Day 07: Trek to Annapurna Base Camp (4210m)- 5 hrs walk

You must really be excited about the day as you will be headed to Annapurna Base Camp today. We follow a trail that gently climbs up through a narrow gorge along the Modi Khola glacier valley. We pass forests and other amazing landscapes to make our way to Macchapucchre Base Camp. It is not a real base camp as Macchapucchre Himal is not allowed for climbing purposes. Though not a base camp, Macchapucchre Base Camp offers a 360-degree view of mountains in Annapurna panorama. We will be blessed with some incredible views of Mt. Hiunchuli, Mt. Annapurna, Mt. Gangapurna, Khaangar Kang, Annapurna III, Macchapucchre Himal, and many more. Further, the trail climbs up to Annapurna Base Camp from where we will be rewarded with some inspiring views of snow-clad mountains in Annapurna massif. The views of mountains from Annapurna Base Camp is even more close and clear. Annapurna Base Camp is also referred to as Annapurna Sanctuary as it is surrounded by mountains under the conservation area. Tonight at Annapurna Base Camp

Day 08: Heli ride to Pokhara and fly back to Kathmandu (1400m)

It is one of the best days of the Annapurna Base Camp Helicopter Tour. After a wonderful start of the day with a delicious breakfast in the guesthouse accompanied by amazing closeup views of mountains all around, we set out for a helicopter ride around the Annapurna back to Pokhara city. The flight takes us around the Annapurna region and allows us to relish the glories of lush hills, valleys, mountains, and villages all around. One can have an aerial view of mountains, lakes, Annapurna conservation area, and Pokhara valley. Moreover, the flight takes us close to the mountains in the Annapurna region especially Mt. Annapurna with other neighboring peaks. As the helicopter flies back to Pokhara, we can get some amazing sights of villages, forests and lush hills. The beautiful Begnas Lake, Phewa Lake, and Rupa Tal looks amazing from above. As the helicopter brings us down to Pokhara, we catch a flight that brings us back to Kathmandu. You will then be driven to your hotel in Kathmandu for an overnight stay. Enjoy the rest of the time on your own.

Day 09: Departure from Nepal

After a wonderful trek to Annapurna Base Camp and heli ride back to Pokhara, we conclude our trip with a flight back to Kathmandu. Now, it's time to bid you goodbye! Today, you will be escorted to the departure terminal of the airport before three hours of your scheduled flight. Best wishes for your journey ahead and we hope to serve you again!

Trip Includes

- All the domestic and international airport shuttles by private vehicles.
- 2 nights of 3-star standard hotel accommodations in Kathmandu city inclusive breakfast.
- 6 nights of local lodges accommodations during the trek.
- Both way domestic flights. (Kathmandu-Pokhara-Kathmandu)
- Private helicopter ride from Annapurna Base Camp to Pokhara.
- Full board meals during the trek. (Breakfast, Lunch, and Dinner)
- An experienced and government certified guide for the trek.
- Supporting porters to carry your belongings during the trek. (1 porter for 2 guests)
- All the essential trekking permits and paperwork for the trek.
- Rain protection duffel bag and sleeping bag to use for the trek.
- First aid medicine with an oximeter to check your pulse and oxygen level.
- Trip achievement certificate after successful trip completion.
- Farewell dinner in Kathmandu at a typical local restaurant with a cultural dance performance.

Trip Exclude

- International flights and Nepal travel visa.
- Any alcoholic and cold drinks during the trek.
- Lunch and dinner in Kathmandu hotel.
- Your personal expenses such as hot shower, charging, and use of WIFI during the trek.
- Tips to the trekking guide and porters.
- Any other extra expenses which are other than in our include section.

Checklist

Trekking Gear Checklist

Head

- Bandana or headscarf, also useful for dusty conditions.
- Warm hat that covers your ears (wool or synthetic)
- Headlamp with extra batteries and bulbs.
- Sunglasses with UV protection
- Prescription sunglasses (if required)

Upper Body

- Polypropylene shirts (1 half sleeve and 2 long sleeves)
- Light and expedition weight thermal tops.
- Fleece wind-stopper jacket or pullover.
- Waterproof shell jacket (preferably breathable fabric)

- Down jacket
- Gore-Tex jacket with hood, waterproof and breathable

Hands

- 1 pair of lightweight poly-liner gloves.
- 1 pair of lightweight wool or fleece gloves.
- 1 pair of mittens, consists of 1 Gore-Tex over mitt matched with a very warm polar-fleece mitt liner (seasonal)

Lower Body

- Non-cotton underwear briefs.
- 1 pair of hiking shorts.
- 1 pair of hiking trousers.
- 1 pair of lightweight thermal bottoms (seasonal)
- 1 pair of fleece or woolen trousers
- 1 pair of waterproof shell pants, breathable fabric

Feet

- 2 pairs of thin, lightweight inner socks.
- 2 pairs of heavy poly or wool socks.
- 1 pair of hiking boots with spare laces (sturdy, soles, water resistant, ankle support, "broken in")
- 1 pair of trainer or running shoes/sandals
- Cotton socks (optional)
- Gaiters (winter only), optional, "low" ankle high version

Sleeping

- 1 sleeping bag (-20 degrees)
- Fleece sleeping bag liner (optional)

Rucksack and Travel Bags

- 1 medium rucksack (50-70 liters/3000-4500 cubic inches, can be used for an airplane carryon)
- 1 large duffel bag
- A small daypack/backpack for carrying your valuables should have good shoulder padding
- Small padlocks for duffel-kit bags
- 2 large waterproof rucksack covers (optional)

Medical

- Small, personal first-aid kit. (Simple and light)
- Aspirin, first-aid tape, and plasters (Band-Aids)
- 1 skin-blister repair kit
- Anti-diarrhea pills
- Anti-headache pills
- Cough and/or cold medicine

- Anti-altitude sickness pills: Diamox or Acetylzolamide
- Stomach antibiotic: Ciprofloxacin, etc. Do not bring sleeping pills as they are a respiratory depressant.
- Water purification tablets or water filter.
- 1 set of earplugs
- Extra pair of prescription glasses, contact lens supplies.

Practical Items

- 1 small roll of repair tape, 1 sewing-repair kit
- 1 cigarette lighters, 1 small box of matches
- 1 compass or GPS (optional)
- 1 alarm clock/watch
- 1 digital camera with extra cards and batteries
- Large Ziplocs
- 2 water bottles (1 ltrs. each)
- 1 small folding knife
- Binoculars (optional)
- 4 large, waterproof, disposable rubbish sacks.

Toiletries

- 1 medium-sized quick-drying towel
- Toothbrush/paste (preferably biodegradable)
- Multi-purpose soap (preferably biodegradable)
- Deodorants
- Nail clippers
- Face and body moisturizer
- Female hygiene products
- Small mirror

Personal Hygiene

- Wet wipes (baby wipes)
- Tissue/toilet roll
- Anti-bacterial hand wash

Extras/Luxuries

- Reading books
- Trail map/guide book
- Journal and pen
- iPod
- Travel game i.e. chess, backgammon, scrabble, playing cards (to help you pass the time at teahouses or camps)
- 1 modest swimsuit
- Voltage converter
- Plug adapter (2 round pegs to 2 flat pegs)
- Lightweight pillowcase (in case if your teahouses do not provide you)

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