

# Guerrilla Trekking Trails

Url: <https://www.glorioushimalaya.com/trip/guerrilla-trekking-trails/>

**Duration**

13

**Max. Altitude**

3,900m

**Difficulty**

Moderate

**Group Size**

2+ pax

**Transport**

Bus and Jeep

**Meals**

Breakfast, Lunch & Dinner

**Starts At**

Kathmandu

**Ends At**

Kathmandu

**Accommodation**

Homestay

## Overview

Nepal without any doubt is one of the most beautiful countries in the world. Enriched with natural beauty, its peculiar landscapes and rare floras and faunas, Nepal can lure anyone to visit. The best part of Nepal is that she can amaze visitors with new destinations anytime. A new trekking route has been open for the visitor's named **Guerilla trekking trail**. Nepal had once gone through the decade-long civil war (1996-2006) where about 16000 people lost their lives and the Guerilla was the center of that revaluation. Therefore you can know about the history of before and after the revolution. This route leads you through the trail that was once used by the Maoist rebels.

Guerilla trekking trial is a newly explored tourism destination in the mid-western part of Nepal. It is not only enriched with natural beauty but also carries very important historical values from the history of Nepal. Piercing through the districts like Rolpa, Rukum, Baglung, and Myagdi, this trial offers you the views of spectacular Dhaulagiri ranges and some part of the Annapurna range, rhododendrons and pine trees, different hills and rocks, hot water ponds, springs falls. This region will be able to meet your expectations as The region has fresh lakes, hot water pond, Mt. Sisne (5400m), Churen, Gujra, hills and rocks, waterfalls, vast Dhorpatan hunting region, apple farming land and typical Magar culture. Following the natural beauty, history and culture is something this trial is peculiar with.

Last but not the least, explored during the Tourism Year 2011, this region and its natural beauties are

still fresh and have not been polluted more. And this region is among the few destinations that have natural, cultural, and historical values. So if you are interested, be ready to pack your bags for 13 days.

## **Itinerary**

**Day 01: Drive from Kathmandu to Beni (830m.) - Drive 9 hrs.**

**Day 02: Trek to Takam (1665m.) - Trek about 6 hrs.**

**Day 03: Trek to Lamsung (2250m.) - Trek about 6 hrs.**

**Day 04: Trek to Gurjaghat (3020m.) - Trek about 7 hrs.**

**Day 05: Trek to Dhorpatan (2,860m.) - Trek about 5 hrs.**

**Day 06: Trek to Nisheldhor - Trek about 5 hrs.**

**Day 07: Trek to Tallo Sera - Trek about 7 hrs.**

**Day 08: Trek to Rujhikhola - Trek about 6 hrs.**

**Day 09: Trek to Thabang - Trek about 5 hrs.**

**Day 10: Trek to Jaljale - Trek about 5 hrs.**

**Day 11: Trek to Jelbang - Trek about 5 hrs.**

**Day 12: Trek to Sulichaur - Trek about 6 hrs.**

## **Day 13: Drive back to Kathmandu - Drive 13 hrs.**

### **Trip Includes**

- All the ground transports as per the itinerary by jeep and local bus.
- All the essential trekking permits and entrance fees for the trek.
- Full board meals while on the trek. (breakfast, lunch and dinner)
- 12 nights of twin sharing local homestay and guesthouses accommodations while on the trek.
- An experienced and government certified trekking guide.
- Supporting porters to carry your loads during the trek. (1 porter for 2 guests)
- First aid medicine for the trek.
- Comany duffel and sleeping bags to use for the trek.
- Trip achievement certificate.
- Farewell dinner at a typical restaurant in Kathmandu with cultural dance performance.
- All government taxes and office service charge.

### **Trip Exclude**

- Nepal entry visa and international airfares.
- Tips to the trekking guide and porters.
- Hotel accommodations in Kathmandu
- Alcoholic beverages, hot shower, charging, cold drinks and bottled water.

## **Checklist**

### **Trekking Gear Checklist**

#### **Head**

- Bandana or headscarf, also useful for dusty conditions.
- Warm hat that covers your ears (wool or synthetic)
- Headlamp with extra batteries and bulbs.
- Sunglasses with UV protection
- Prescription sunglasses (if required)

#### **Upper Body**

- Polypropylene shirts (1 half sleeve and 2 long sleeves)
- Light and expedition weight thermal tops.

- Fleece wind-stopper jacket or pullover.
- Waterproof shell jacket (preferably breathable fabric)
- Down jacket
- Gore-Tex jacket with hood, waterproof and breathable

## **Hands**

- 1 pair of lightweight poly-liner gloves.
- 1 pair of lightweight wool or fleece gloves.
- 1 pair of mittens, consists of 1 Gore-Tex over mitt matched with a very warm polar-fleece mitt liner (seasonal)

## **Lower Body**

- Non-cotton underwear briefs.
- 1 pair of hiking shorts.
- 1 pair of hiking trousers.
- 1 pair of lightweight thermal bottoms (seasonal)
- 1 pair of fleece or woolen trousers
- 1 pair of waterproof shell pants, breathable fabric

## **Feet**

- 2 pairs of thin, lightweight inner socks.
- 2 pairs of heavy poly or wool socks.
- 1 pair of hiking boots with spare laces (sturdy, soles, water resistant, ankle support, "broken in")
- 1 pair of trainer or running shoes/sandals
- Cotton socks (optional)
- Gaiters (winter only), optional, "low" ankle high version

## **Sleeping**

- 1 sleeping bag (-20 degrees)
- Fleece sleeping bag liner (optional)

## **Rucksack and Travel Bags**

- 1 medium rucksack (50-70 liters/3000-4500 cubic inches, can be used for an airplane carryon)
- 1 large duffel bag
- A small daypack/backpack for carrying your valuables should have good shoulder padding
- Small padlocks for duffel-kit bags
- 2 large waterproof rucksack covers (optional)

## **Medical**

- Small, personal first-aid kit. (Simple and light)
- Aspirin, first-aid tape, and plasters (Band-Aids)
- 1 skin-blister repair kit
- Anti-diarrhea pills

- Anti-headache pills
- Cough and/or cold medicine
- Anti-altitude sickness pills: Diamox or Acetylzolamide
- Stomach antibiotic: Ciprofloxacin, etc. Do not bring sleeping pills as they are a respiratory depressant.
- Water purification tablets or water filter.
- 1 set of earplugs
- Extra pair of prescription glasses, contact lens supplies.

### **Practical Items**

- 1 small roll of repair tape, 1 sewing-repair kit
- 1 cigarette lighters, 1 small box of matches
- 1 compass or GPS (optional)
- 1 alarm clock/watch
- 1 digital camera with extra cards and batteries
- Large Ziplocs
- 2 water bottles (1 ltrs. each)
- 1 small folding knife
- Binoculars (optional)
- 4 large, waterproof, disposable rubbish sacks.

### **Toiletries**

- 1 medium-sized quick-drying towel
- Toothbrush/paste (preferably biodegradable)
- Multi-purpose soap (preferably biodegradable)
- Deodorants
- Nail clippers
- Face and body moisturizer
- Female hygiene products
- Small mirror

### **Personal Hygiene**

- Wet wipes (baby wipes)
- Tissue/toilet roll
- Anti-bacterial hand wash

### **Extras/Luxuries**

- Reading books
- Trail map/guide book
- Journal and pen
- iPod
- Travel game i.e. chess, backgammon, scrabble, playing cards (to help you pass the time at teahouses or camps)
- 1 modest swimsuit
- Voltage converter
- Plug adapter (2 round pegs to 2 flat pegs)

- Lightweight pillowcase (in case if your teahouses do not provide you)

## Contact Us, Head Office

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