



Everest Base Camp Tour via Lhasa

Url: <https://www.glorioushimalaya.com/trip/kathmandu-to-lhasa-tour/>

Duration

12

Max. Altitude

5,153m

Difficulty

Moderate

Group Size

4+ pax

Transport

Plane, Jeep, Bus, Van

Meals

Breakfast

Starts At

Kathmandu

Ends At

Kathmandu

Accommodation

Hotels

Overview

Everest Base Camp Tour via Lhasa program helps outsiders explore and discover Lhasa, sometimes referred to as the roof of Asia. The trip separates two days tours in Lhasa alone, thus giving tourists plenty of time to take in the beauty of the cultural and natural beauty of Lhasa. After spending two days in the ancient city of Lhasa, the trip of Kathmandu to Lhasa tour involves driving across the diverse Tibetan land until we reach Rongbuk. From Rongbuk, we trek to the Base Camp of Mount Everest and again return to Tibet and head back to Kathmandu where our unforgettable journey ends.

Lhasa, where visitors do not miss Golden sunshine, marvelous attraction with clear and blue sky. Lhasa tour is the most famous in the world because Tibetan Buddhism believed that meaning of Lhasa? place of peace god? Lhasa is the land or home of monasteries as cultural of Buddhism such as Samey, Tandruk, Derapung many more. One of the most charming is the palace called Potala. It has left long and many more interesting histories about culture & local life in the past time. At Lhasa, there is available the major railway station and airport for Tibetan as well as foreigners. You can do a Lhasa tour flight into Tibet or Lhasa first or drive land over then fly out from to Kathmandu. You have to prepare for the altitude for the Lhasa tour. This is why, better to trek via Simikot, go around Kailash and to Lhasa.

Additionally, you can visit through your lens of camera the world's highest peak of Mount Everest. It is the name given Chhomolongma by the Tibetan language. By the way, Nepali called it Sagarmatha or

Mahalangur & the world knows it as Mount Everest. Sometimes it is not allowed to visit certain countries in the Mount Everest region from the Tibet side because of political issues. Your highest point will be about 5100 meters above sea level if you visit the Everest base camp. And approximately, the landing place by flight elevation is 3650m of Lhasa airport. At Lhasa or as a whole part of Tibet but more tight security checking in Lhasa tour than other areas.

Check out our fixed itinerary for Everest Base Camp Tour via Lhasa or just send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

Itinerary

Day 01: Arrival in Kathmandu 1335m

You will be warmly welcomed at the airport by our office representative and then you will transfer to the hotel. Our staff will give a brief explanation about the program.

Day 02: Leisure day in Kathmandu. (Optional: Sightseeing tour around Kathmandu)

This day, you will visit many cultural heritages, which includes some of the famous world's heritages like Pashupatinath, Swyambhunath, Kathmandu Durbar Square, Bouddhanath stupa and many more. You can do the shopping for various Nepalese cultural stuff in this day. And Back to hotel for overnight.

Day 03: Flight from Kathmandu to Lhasa (3660m)

Transfer to Tribhuvan international airport of Kathmandu, Nepal and fly t to Lhasa, flight to Lhasa is magnificent mountains views. You will be visiting our Tibetan guide upon arrival in Gonggar airport & drive to Lhasa about one & half hour further. Overnight at Hotel

Day 04: Explore Lhasa

Explore the roof of the world city, Lhasa. At the Lhasa, Jokhang temple is the heart of the Tibetan people where every morning uses to go to pray. It's a spiritual city of the people of Tibet. Thus, will be visited the Sera monastery, it is one of the best monasteries in Lhasa with whitewashed & golden roof. The same day, visit Samey monastery & Norbulinka, it is the summer palace of the Dalai Lama. Overnight in the hotel.

Day 05: Explore Lhasa

You will be visiting a spiritual palace of Lhasa. It is known Potala palace which overlooks spectacular of Lhasa city. Thi palace belonged to Dalai lama & numerous private rooms of Dalai Lama. It has been built

up since the 5/6th century & later in the 17th century it is rebuilt. There is the largest monastery in the world called Drepung monastery. It was founded in the 14th century. And will be visited more monasteries in Lhasa & around. Overnight at Hotel.

Day 06: Drive from Lhasa to Gyantse (3950m)

Drive Lhasa to Gyantse Visit Khumbum & Dzong. It is scenic day and drives across the Khamba la & Kora la passes. Gyantse was an important trading town at once & know as old Tibet too. En-route visit of Samding Monastery. Visit Gyantse, Chode & Pelkor monasteries next morning after breakfast. Overnight at the hotel.

Day 07: Drive from Gyantse to Shigatse (3900m)

Late afternoon drive to Shigatse after visiting rest spots of the Gyantse. Overnight Hotel

Day 08: Drive from Shigatse to Xegar (4050m)

This day visit Sakya monastery where the 21.6-meter high statue of the future Buddha {Maitreya} and highly structured, covered by precious reliquary chorten. And visit Tashilhunpo, its seat of the Panchen Lama. Late afternoon drive to Xegar. Overnight in Hotel.

Day 09: Drive from Xegar to Rongbuk (5000m)

Today, going to the foot of the world's highest peak via Tingri It is well known as Mount Everest 5200m and Tibetan called Chhomolungma. Jeep drives you to Rongbuk 5000m from where you have to hike about 2 hours to reach to Everest base camp & come back to Rongbuk. Overnight in Hotel.

Day 10: Drive back via Tingri to Zhangmu 2300m

Today we leave Tibet plateau bypassing the high passes Lalung La 5030m & Thong la 5153m. It gives you spectacular views of the Himalayas of Tibet & Nepal. After those passes, it brings you greenery scenery and easy to take a breath. From Nyalam, drives between big hills and follows the Bhote Koshi along with its charming landscape on the way. This evening better to make programs to tipping to the crew of Tibetan. Overnight in the hotel.

Day 11: Zhangmu to Kathmandu

Today, we are leaving Tibet land. Zhangmu where we stayed for the last night to friendship bridge {border}, we drive about half an hour & our Tibetan guide prepares all necessary custom pass papers & time to say bye to Tibetan friends. Then after we drive about 5 hours for Kathmandu along with the items of the different kinds of scenery of the beautiful nature of Nepal. Overnight in the hotel.

Day 12: Departure to your next destination

Today is your departure day, we will drop you to the International airport to catch your flight back to your home and pray for your Safe journey.

Trip Includes

- Airport pick-up and drop as per the itinerary by private car/van.
- Kathmandu Lhasa airfare
- 3 nights hotel accommodation in Kathmandu at 3-star category on twin sharing basis including breakfast.
- Kodari/Dzangmu border to Kathmandu land transfers
- One land cruiser for 4 member
- An English speaking Tibetan guide
- Necessaries documents, visa and entry fees in Tibet
- Tibet border to Kathmandu transportation by private jeep.
- Hotel accommodation on twin sharing basis including breakfast in Tibet tour.
- All government taxes and applicable company service charges.
- Farewell dinner program in Kathmandu at the end of the trip.

Trip Exclude

- Lunch and dinner in Kathmandu and Tibet hotels.
- Nepal re-entry visa fee
- Extra hotel charge if earlier back to Kathmandu
- Any activities against Chinese government rules and regulations
- Nepal visa which obtained at the airport on arrival {bring 4 copies passport size picture too}
- Alcoholic beverages, bottled mineral water, soft drinks and snack foods
- Any personal medical or evacuation expenses incur and strongly recommend international Travel insurance which included rescue
- Tips to staffs

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