



Lhasa Exploration Tour

Url: <https://www.glorioushimalaya.com/trip/lhasa-exploration-tour/>

Duration

6

Max. Altitude

3,800m

Difficulty

Easy

Group Size

2+ pax

Transport

Plane, Jeep, Bus, Van

Meals

Breakfast

Accommodation

Hotels

Starts At

Kathmandu

Ends At

Kathmandu

Highlights

- Explore ancient Lhasa city
- Visit the unique Dalai Lama's Potala and Norbulinka palaces.
- Visit an ancient Derapuk and Sera monastery.
- Observe the Tibetan Buddhism culture and tradition.

Overview

Our 7 days Lhasa exploration tour is an extraordinary trip to the isolated Tibet Lhasa. Lhasa is the administrative capital city of Tibet. It is also famous as the highest city in the world. The Lhasa city means sacred land. The main ethnic groups of this area are Tibetans and speak the Tibetan language. They are the ones who made such a great contribution to making Lhasa such a beautiful place. It's a peaceful place where you can experience over 1000 years of cultural and spiritual history. This place is full of Tibetan Buddhist monuments, temples such as Norbulinka Palace, Jokhang temple, etc. not only this you will also visit the unique Dalai lama's Potala palace to observe the Tibetan Buddhism culture and

tradition. The tour to Lhasa will take you to experience the best of Lhasa.

This tour will start from Kathmandu a beautiful flight acrosses the Himalayas. During that moment you will get to see the breathtaking views of mighty Himalaya including the world's highest Mount Everest which normally ends in Lhasa. There are some of the things that are needed to be considered before making tours to Lhasa like

- 1. Visitors are not allowed to roam independently they have to be with us.**
- 2. After completion of the tour, you have to fly back straight to Kathmandu or the mainland of china.**

These are the **restrictions** imposed by the Chinese government. We are experienced in making an itinerary for individuals, couples, and groups as well. We will make sure that you will not face any kind of inconvenience during this tour. We will take care of everything.

Check out our designated itinerary below for **Lhasa Exploration Tour**. Or just send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

Itinerary

Day 01: Arrival Kathmandu and transfer to the hotel

Upon your arrival at Tribhuvan International airport, Kathmandu, our office representative will pick up you and transfer by tourist vehicle to your hotel. Overnight at the hotel including BED AND BREAKFAST.

Day 02: Fly to Lhasa and rest day

After our breakfast, we head towards the international airport to take a flight over mighty Himalayas range to Lhasa, Gonggar International airport. From the plane, you will have massif views of Mt. Everest, (8,848m), Kanchenjunga (8,536m) and many other peaks. After your arrival then transfer to the HOTEL FOR refreshment. We highly advised you to take a rest this day to get acclimatized for the rest of the day. Overnight at the hotel includes bed and breakfast.

Day 03: Full Day Lhasa Sightseeing in Potala Durbar, Norbulinka, and Tibetan museum

We start our sightseeing around Lhasa after breakfast in the morning. Today we visit the wonderful Potala palace, Norbulinka a summer place of Dalai Lama and Tibetan Museum. We pay our first visit to Potala palace which dominant the city of Lhasa. It is a private quarter of Dalai Lama having grand staterooms and many important chapels. And then we visit Norbulinka. It is the house of Dalai Lama to visit in summer and considered to be the largest man-made garden in Tibet. Eventually, we visit Tibet museum which has a permanent collection of around 1000 artifacts related to the cultural history of Tibet. Overnight at the hotel includes bed and breakfast.

Day 04: Visit Drayerpa Cave and Ganden Monastery In Lhasa

After your breakfast, we take a drive to pay a visit to Ganden Monastery which is 57km east of Lhasa, located at the top of Wangbur Mountain (3,800m). Ubiquitously known for its subtle and excellent murals and sculptures, Garden Monastery which is the oldest, is considered as one of the great three among the six Gelug Sect Monasteries in Tibet. Furthermore, the monastery also retains the suit of armor embellished with precious stones to clothing by Emperor Qianlong which was accorded to the monastery as an endowment Tsong Khapa, the founder of the Gelug Sect. At the cocktail hour, we jaunted to the Drayerpa Cave situated in an alluring valley with an astonishing topography. Meanwhile, the valley also incorporated more than 30 caves for the Lamas who desired to ponder in a hushed environment. At the end of the day, we receded to Lhasa and expended the night included bed and breakfast.

Day 05: Explore Jokhang Temple, Sera Monastery, Drepung Monastery and Barkhor Bazaar

Following the morning meal, we took a trip to the Drepung Monastery, Sera Monastery, Jokhang Temple and Barkhor Bazaar. Built-in the 14th century, Drepung Monastery is considered as a sanctuary for about 10,000 monks in the past but now it holds about a few hundred monks as the numbers are declining. This astounding monastery strongly embraces the history, culture and religious beliefs of the Tibetan people. Another breathtaking monastery is Sera Monastery that sustains white-washed walls and golden roofs. While Jokhang monastery is one of the salient holy sites that untangles the deep-rooted enigma of Tibetan Buddhism. As moving on through the Barkhor Bazaar (market), we got to experience the enthusiasm and eagerness in its surroundings. Having the open-air stalls, shops and the crowd of the pilgrims, it is the central hub of Lhasa. Overnight at Lhasa included bed and breakfast.

Day 06: Departure Day

Eventually, our trip comes to an end. Today is your departure day, we will drop you to the International airport to catch your flight back to your home and pray for your Safe journey.

Trip Includes

- Airport picks up / drop and transfer to the hotel by private car/jeep/ van.
- Kathmandu - Lhasa - Kathmandu flight airfare.
- All the required Tibet travel permits
- Good accommodation during the tour in Lhasa based on Bed and Breakfast.
- Professional English speaking Tibetan tour guide during your Lhasa tour.
- All the monastery or sightseeing entry fees
- All the applicable taxes and service charges.
- Farewell dinner with cultural program in Kathmandu at the end of the trip.

Trip Exclude

- Nepal visa which obtained at the airport on arrival {bring 4 copies passport size picture too}
- International airfare
- Lunch and Dinner in Kathmandu and Lhasa hotel.
- Any other alcoholic beverages, mineral water, soft drinks, juice, etc.

Contact Us, Head Office

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