

# Mardi Himal Trek

Url: <https://www.glorioushimalaya.com/trip/mardi-himal-trek/>

**Duration**

12

**Max. Altitude**

4,500m

**Difficulty**

Moderate

**Group Size**

Min 2 person

**Per Person Cost**

USD 850

**Transport**

Bus, Jeep, Car

**Meals**

Breakfast, Lunch, Dinner

**Accommodation**

Hotel and Teahouses

**Starts At**

Kathmandu

**Ends**

Kathmandu

## Highlights

- Hike to the Mardi Himal Base Camp.
- Observing various species of flora and fauna.
- The great countryside hills, terrace farming, and mountain landscapes
- Explore the ethnic culture and their lifestyle.
- Pristine mountain views of Annapurna ranges, Lamjung Himal, Fishtail, Dhaulagiri.

## Overview

Mardi Himal Trek is an exotic and interesting trek in Nepal. This is a very popular trekking trail in the western [Annapurna region](#) of Nepal and is located east of Modi Khola across the valley from Hiunchuli. This trail is also known as an eco-tourism trail that passes through lush forests filled with [Rhododendrons](#) and other vegetation. The attraction of the trek is pristine mountain views, beautiful valleys, and mixed local culture and landscaped hills. Mardi Himal takes you off 'the beaten path' away from the busy trails of the region. The first discovery of Mardi Himal was made in 1961 through a route via the east flank.

Our journey starts from Kathmandu to Pokhara; the city of lakes. The next day we drive to Kande from where we start our trekking adventure. Then the trek offers magnificent views of the world's famous and most majestic mountains including Annapurna I (8091m), Dhaulagiri (8167m), Hiunchuli (6441m), Annapurna II (7937m), Annapurna III (7555m), Annapurna South (7219m), Fishtail (6988m). This [trek in Nepal](#) is a unique experience for trekkers with the warm welcome & activities of the local folks who live by the trails as trekkers hike into the thick forests...

Mardi Himal is a short trek in the lovely Annapurna region of [Nepal](#). We can try local delicacies, appreciate the excellent hills and mountain landscapes, and enjoy the pristine views of the mountains. The trek to Mardi Himal is not well marked. On this trek, accommodation is limited so an experienced guide is needed along the way. This journey requires knowledge of the tracks and mountain experience as certain sections are risky.

## Itinerary

### **Day 01: Arrival in Kathmandu (1400m) and transfer to your hotel.**

After your arrival at Tribhuvan International Airport in medieval and modernized Kathmandu, you will be warmly greeted by our office representative and transferred to the hotel. After check-in and some refreshments, our senior Sherpa guide will come to meet you and give you a brief orientation about the Mardi Himal Trek. You can then go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples and cows, probably the most in the world - breakfast

### **Day 02: Drive from Kathmandu to Pokhara (850m) - 7hrs Drive**

After breakfast, we leave our hotel early morning for a tourist bus drive with scenic views along the bank of Trishuli and Marshyangdi river to Pokhara via Prithivi national highway. The drive could take roughly 7-8 hrs to reach Pokhara. We also have the option for a flight from Kathmandu to Pokhara for 35 minutes. We will visit some prime spots in the lake city after refreshing at our hotel we will do a tour of some beautiful places in Pokhara that include Davids fall (if we reach early by road), and the Phewa Lake, etc. we then do an overnight at our hotel by the lake in the lovely 'city of lakes' on BB Plan.

### **Day 03: Trek to Pitam Deurali (2100m) - 4 hrs walk**

After having a hot breakfast in Pokhara at the hotel, we will take a private jeep car/jeep drive to Kande for about 45 minutes. Kande is the beginning point of the Mardi Himal Trek. Our 8 days adventurous journey starts with the uphill walk through a beautiful forest and villages until Australian camp. We can see the magnificent views of the Annapurna range from Australian camp. We continue our trek to Pothana where we take our lunch. Hike from Australian camp to Pothana is pleasant and easy. After having lunch, we prolong our hike up to Pitam Deaurali, today's destination. Stay overnight at the lodge in Pitam Deaurlai.

#### **Day 04: Trek to Forest Camp (2600m) - 5 hrs walk**

Today we will start on our discreet trail, leaving other trekkers and even the villagers behind. The trek climbs gently through birch, giant rhododendron forest, mountain oak, maple, hemlock, and daphnia which make this a lovely enchanting trail to forest camp, from where there are great views across a steep valley to Gandruk, a large Gurung settlement. We then continue uphill through foggy forests of more mountain oaks, and these scenes are astounding to watch in spring when in bloom. We stay overnight at the local lodge in Forest Camp.

#### **Day 05: Trek to Low Camp (2990m) - 4 hrs walk**

After an early b/fast, we set for a hike that climb's up pretty easily through magnificent moss-covered trees in a classic 'cloud' forest with swirling mist. We also come across lichens, tree ferns and orchids set amidst tougher oaks; there is a great variety of flowers and shrubs hereabouts as well, including the very fragrant Daphne. As we hike the routes, we find some natural windows in the woods that open up fascinating vistas of Hiunchuli and the deep cutting traverse towards Annapurna south. Beyond the horizons as we look down to the left, we see the Modi Khola valley leading up to the Annapurna Sanctuary (another famous trek}; At Low Camp, you can spend hours relishing the sight of Machhapuchhre, which now looms almost overhead, so near, but yet so far. We stay at the local lodge in Low Camp for the night hereabouts...

#### **Day 06: Trek to High Camp (3580m) - 4 hrs walk**

Just a short steep climb and we come out of the protecting shady forest, brings us to a ridge, now grassy and sometimes under the snow, takes us up to high camp which we reach sometimes close to lunch for a well earned haul up and some rest. This is a second consecutive afternoon of some breathtaking views we enjoy on the way as we acclimatize naturally. Annapurna South seems near enough to almost touch. The views of the Annapurna Range are exasperating from this point onwards. We take much of the afternoon soaking in the flabbergasting landscapes and exploring this awesome spot. We bunk out here for the night under starry moonlit skies.

#### **Day 07: Hike to Mardi Himal Base Camp (4500 m) and return to High Camp (3580m) - 7 hrs walk**

This is a lovely area to spend the entire day and give our weary bodies a breather. But this doesn't mean we spend all of our time lazing around. Moving around a bit will be good to explore our nearby surroundings...and the imaginative landscapes. Early morning, we set up for the Mardi Himal Base Camp Hike for the surreal views of the Mardi Himal and other peaks. We see breathtaking views of Mardi Himal (5587m), Annapurna I (8091m), Annapurna south (7219m), Hiunchuli (6441m), Baraha Shikhar (Mt. Fang) (7647m), Tent Peak (5695m), Singhachuli (6501m), Machapuchhre (6993m) and others. After reaching Base camp, trek back to the high camp for a night stay.

## **Day 08: Trek to Sidhing (1850m) - 7 hrs walk**

Retracing our steps to Low Camp, we then descend steeply through moss-covered rhododendron forest to the scenic Gurung village of Sidhing. We make an easy-going descent through the shades of the forest and out onto terraced fields, down 1600m on the count; this is a different route that's a roller coaster all the way down to the upper Mardi Khola, the torrents that get its source from the Mardi Himal. Although isolated and off the much-used 'teahouse trails', our journey now takes into different geographical settings of a warmer valley with welcoming friendly villages. We hike along the banks of the Mardi Khola from the hillock village of vibrant Sidhing, down through well-cultivated fields, past simply thatched farms and over some enjoyable bridges; we are now into typical Nepali countryside where the buffaloes and cows roam free under sunny skies.

## **Day 09: Drive back to Pokhara (850m) - 3 hrs drive**

Today is the last day of our Mardi Himal trek. After breakfast at the lodge in Sidhing, we take a local jeep drive for Pokhara. It is about 3 hours off-road downhill drive. We will reach Pokhara on time and have lunch in Pokhara. Overnight at the hotel by the lakeside in Pokhara.

## **Day 10: Drive back to Kathmandu (1400m) - 7 hrs drive**

While driving from Pokhara to Kathmandu, we head up to Damauli, Dumre, Mugling, and Kurintar where Nepal's first Cable car is operated to reach Manakamana Temple, this is a temple where most Nepalese come to have their wishes granted before leaving home or getting married. From Naubise we climb up to Thankot, the gateway to Kathmandu and finally reach our hotel & a lovely soft warm bed and farewell dinner in a typical Nepali restaurant with the cultural dance program.

## **Day 11: Kathmandu Sightseeing Tour**

The capital city of Nepal, Kathmandu, being the historical and cultural heart of the country, is a popular destination for tourists, trekkers and other types of adventure seekers. The city is a marvelous amalgamation of Hinduism, Tibetan Buddhism, and Western cultures and influences. Patan and Bhaktapur are its two major neighboring cities. These two cities, like Kathmandu, have a rich historical, cultural and religious legacy which is reflected in the many temples, monuments, and artifacts that they contain. You will be taken on a half-day guided tour of Kathmandu and Bhaktapur cities. In Kathmandu, you will be visiting Pashupatinath, the most famous and revered Hindu shrine in the country; Boudhanath, the largest Buddhist stupa in Nepal, Soyambhunath, which contains both Buddhist and Hindu shrines and stands as testimony to the religious harmony that exists in the country. We then head back to our hotel for an overnight

## **Day 12: Departure from Nepal**

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. At Glorious Adventure, meeting you has been a great honor and we pray for your Safe journey home and will reflect on the

wonderful times we spent together. Bon Voyage!!! We hope to see you again someday...

## Trip Includes

- Airport pick-ups and drop-offs by private vehicles.
- 3-nights of 3-star standard hotel accommodation in Kathmandu inclusive breakfast.
- 1-day Kathmandu sightseeing tour guided by a city tour guide with private transport.
- 2-nights of the hotel accommodations in Pokhara inclusive breakfast.
- 6 nights Of twin sharing local lodges accommodation during the trek.
- Every day full board meal throughout the trek. (Breakfast, Lunch, Dinner)
- An experienced and certified guide for the trek.
- Supporting porters to carry your belongings while on the trek. (1 porter for 2 guests)
- All the essential trekking permits and paperwork for the trek.
- A comprehensive medical kits for the trek.
- Rain protection duffel bag and sleeping bag to use for the trek.
- Tourist bus transports Kathmandu-Pokhara-Kathmandu.
- Private vehicles transport from and to the trekking point.
- Trip achievement certificate after trip completion.
- Farewell dinner in Kathmandu at a typical local restaurant with a cultural dance program.

## Trip Exclude

- International airfares and Nepal entry visa.
- Tips to the trekking crews.
- Your travel insurance.
- Entrance fees for Kathmandu sightseeing.
- Any other personal and non-personal expenses such as the use of WIFI, charging, hot shower etc which are not included in our cost.

## Contact Us, Head Office

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