



# Mount Kailash Tour

Url: <https://www.glorioushimalaya.com/trip/mount-kailash-tour/>

**Duration**

16

**Max. Altitude**

5,700m

**Difficulty**

Hard

**Group Size**

2+ pax

**Transport**

Bus, Jeep, Van

**Meals**

Breakfast

**Starts At**

Kathmandu

**Ends At**

Kathmandu

**Accommodation**

Hotel, Guest House and Tents

## Overview

**Mount Kailash Tour** is the most visited sacred destination located in far western Tibet. It is considered, the abode of Lord Shiva by Hindus. In a way, it is a holy center of the universe among Hindus and Buddhists. The tour covers a circuit around the holy mountain and normally it takes three days to complete the circuit which is known as Kailash Kora or Parikrama.

Mount Kailash draws many visitors and pilgrims groups from around the world. It offers a great chance of achieving salvation from ignorance and delusion of life. According to Buddhist scripture, Lord Gautam Buddha had visited Kailash in the 5th century. It is also believed Buddhism was introduced in Tibet from Nepal and India in the 7th century.

Along the Mount Kailash Tour, visitors take a holy deep in Manasarovar Lake. The lake is considered a sacred site. It signifies the spirit of Brahma, creator of the universe Mana meaning- mind or consciousness and Sarovar means holy lake. It covers an area of 320 sq. Km. having its depth 90 meters. Besides, there is another lake called Rakshas Tal which is also known as Ravan Kund nearby Manasarovar.

Check out our fixed itinerary for **Mount Kailash Tour** or just send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

# Itinerary

## **Day 01: Arrival Kathmandu - (1360m)**

Warm welcomed at the airport by our office representative and transfer to the hotel, a brief explanation about the program will be given.

## **Day 02: Sightseeing in Kathmandu and Preparation for the trip- the day offers**

Visit to cultural heritage sites in Kathmandu valley, which includes some of the UNESCO world's heritages - Pashupatinath, Swyambhunath, Kathmandu Durbar Square and Bouddhanath stupa. You can do shopping for various Nepalese cultural stuff on this day. And Back to hotel for overnight.

## **Day 03: Drive From Kathmandu to Nyalam - (3750m)**

After breakfast, We drive to Kodari on the Arniko highway crossing Dhulikhel town following the Sunkoshi and later Bhote Koshi River. Once formalities are over we board our waiting vehicles and drive to Zhangmu. At Zhangmu we have an hour to explore this border town whilst our Tibet guide registers the necessary paperwork at immigration. Then we continue to Nyalam on steep switchback mountain roads. On arrival transfer to Guest house and rest. Overnight at Guesthouse.

## **Day 04: Acclimatization Day - (3750m)**

This day is spared for acclimatization which is inevitably obligatory to the clients for the further tour. We will be acclimatizing on an elevation of 3,750m to fit the remainder of the trip. This day we will have some rest and relaxing around the Nyalam. Overnight at Guesthouse.

## **Day 05: Nyalam to Saga (4600m)**

Tour continues gradually climbing up the road at the height of 5,124m locally called La Lulung shortly descends towards western Tibet. While driving a mighty view of Mt. Shisha Pangma 8,012m is spectacular if the weather is clear. Additional attractive phenomenal facts are the geographical, cultural, and social diversities are an exceptional case in the modern context of this world. On the route the Bhramaputra River one of the major rivers that flow on the almost deserted land of Tibet irrigating its banks and supplying the drinking waters to those creatures that settle and roves in the propinquity of the river. Seeing all this we reach developing and growing Tibetan city- Saga. Overnight at the hotel.

## **Day 06: Saga to Paryang (4750m)**

Road crossing with wondrous valleys, several clean watered rivers, amazing yaks and sheep pasturages, an occasional rushing of unexpected nomads, traders on the route tour continues towards the ultimate

destination Kailash. Several marvelous landscapes, snow-capped mountain peaks, dunes, and typical geographical composition on the Tibet land that Make the tour worthwhile indeed. Enjoying a great day we will reach another camping place Paryang. Overnight at Guesthouse.

### **Day 07: Paryang to Lake Manasarovar (4558m)**

Lake Manasarovar is one of the holiest lakes among others located in the land of Tibet. By following the cosmological concept of Hinduism and Buddhism on four prominent rivers named Brahmaputra, Sutlej, Ganga, and Indus it is described the source that is originated with this Lake is proved to be true. You can realize the truth as these rivers start from this Lake. Overnight at Guesthouse.

### **Day 08: Exploration Day**

This day we can perform a ritual function and pray in the early morning and in the day time will have a rest day or short visit day on the bank of holy Lake Mansarovar. From Mansarovar Lake, we can see the astounding face of Mount. Gurula Mandhata 7,728m, Trugo Monastery, and Chiu Monastery. The scenery is stunningly beautiful with panoramic views of the Himalayas and moon-like desert plateau. Tibetan wildlife flourishes and some will be seen from giant rodents to Kiang (wild ass), not to mention the indomitable Yak and the special black-necked crane and Tibetan deer. Overnight at Guesthouse.

### **Day 09: Lake Manasarovar to Darchen - (4660m)**

About 30 km north of Lake Manasarovar, Darchen is located, which is the main gateway to Mt. Kailash. The name Darchen originates from the word Da Qing Flag pole. This is also the route for Asthaphath & Nandi. Overnight at Guesthouse.

### **Day 10: Darchen to Dirapuk - (4909m)**

After driving around 4 Km up to Tarpuche, we have to go forward by walking for an encirclement of Holy Mount Kailash. This is the first day of hiking and an opportunity of enjoying the Buddhist stupas and sky burial site of the 84 Mahasiddas. This day we will have an incredible view of Mt. Kailash.

### **Day 11: Dirapuk to Dolma La pass And Trek to Zutulpuk - (4790 m)**

Our trip will be more adventurous as we go higher and higher around the Holy Mt. Kailash. We Cross through the Dolma La pass and keep our walking continue to Zutulphuk, which will be one of the memorable moment on our journey, Observing the unique landscape we will reach to Zutulphuk monastery in the evening.

### **Day 12: Zutulphuk to Paryang - (4750m)**

This day we have to walk almost three hours which is the last day of Mt. Kailash circumambulation (Kora)

that, after this walk, Dharchen can be reached and from there we drive to Mansarovar Lake and drive to Paryang. on the way we will have very good scenery of Tibetan landscape and Tibetan towns. After a few hours driving Paryang can be reached. Here at Paryang. We will stay at Guesthouse.

### **Day 13: Paryang to Saga - (4600m)**

We will drive back following the same way heading toward the border at Zangmu and we will stay overnight at Saga in Hotel.

### **Day 14: Saga to Nyalam - (3750m)**

We will drive back following the same way heading toward the border and on the way we will stay at Nyalam overnight at Guesthouse.

### **Day 15: Nyalam to Kathmandu - (1365m)**

We will drive back following the same way back to the border. It takes around 2 hours driving then we cross the border and have lunch there. Then we will drive forward toward Kathmandu following the Araniko highway and transfer to Hotel for overnight.

### **Day 16: Departure Day**

Today is your departure day, we will drop you to the International airport to catch your flight back to your home and pray for your Safe journey.

## **Trip Includes**

- 3 nights hotel accommodation in Kathmandu city on B/B plan.
- 12 days of guest house accommodation during the tour in Tibet.
- Chinese visa and all the essential monasteries entrance fees in Tibet.
- All the airport and hotel transfer as per the itinerary.
- Surface transportation in Tibet by private jeep or bus as per client's choice.
- Yak and Yak man during the Kailash circuit to your luggage.
- English speaking Tibetan guide.
- Supporting staffs such as cook, Sherpa, and others.
- Both way Kathmandu-Nyalam-Kathmandu transportation by private jeep.
- Farewell dinner at typical Nepali restaurant in Kathmandu after trip completion.

## Trip Exclude

- Nepal visa.
- International Airfare
- Lunch and Dinner in Kathmandu Hotel
- Your Travel Insurance
- Using extra nights in lodge (except the mentioned on itinerary).
- Yak/porter for personal using.
- Rescue/ evacuation or all the extra cost because of partition from the main group or serious health condition.
- No cost is including for those who separate from the main group

## Contact Us, Head Office

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