



Mount Manaslu Expedition

Url: <https://www.glorioushimalaya.com/trip/mount-manaslu-expedition/>

Duration

40

Max. Altitude

8,163 m

Difficulty

Challenging

Group Size

2-14

Transport

Car, Jeep

Meals

Breakfast, Lunch, Dinner

Starts At

Kathmandu

Ends At

Kathmandu

Accommodation

Challenging

Overview

If you are searching for the first 8,000m peak to climb, then Mt. Manaslu is a great option to accomplish your ambition of climbing more wide-ranging and challenging eight-thousand summits. If ascended between September and October, Mount Manaslu is a bit easier than other 8000-meter summits. However, Manaslu still stands at 8,000 meters, making it a challenging ascent that requires a lot of time in the dreaded "death zone." Furthermore, it is extremely challenging and there is a risk of avalanches in the spring. However, Glorious Himalaya Trekking company organizes the Mount Manaslu expedition with a professional Sherpa guide and all the essential planning, instructions, and guidance with top-grade safety and proper itinerary.

Manaslu means "mountain of the spirit", derived from the Sanskrit word "**Manasa**", meaning "intellect" or "soul", and is also known as "Kutang"(meaning flat place). The eighth-highest mountain in the world, Mt. Manaslu, is located at an altitude of 8,163 meters (26,781 feet) above sea level. The mountain Manaslu is situated in the Mansiri-Himal subrange of the Himalayan west-central part of Nepal.

On May 9, 1956, Toshio Imanishi (Japan) and Gyaltzen Norbu (Sherpa), a member of the Japanese expedition, accomplished the first ascent of Manaslu. Also, it is said that just as the British regard Everest as their peak, Manaslu has been a Japanese mountain.

Our Manaslu expedition begins with an off-road drive from Arughat-Soti Khola, a beautiful village on the banks of the Budi Gandaki River that is located at an elevation of 700 meters above. There are five camps along the Manaslu climbing route:

1. Base Camp is located at 4,750 meters (15,184 feet) above sea level.
2. Camp-I is located at a height of 5,700 meters (18,700 feet).
3. Camp II is located at a height of 6,400 meters (20,998 feet).
4. Camp-III is located at a height of 6,800 meters (23,10 feet).
5. Camp IV is located at a height of 7,450 meters (24, 445 feet).

Among the five climbing routes, camp-I and camp-II are the most challenging and difficult, with several icefalls and crevasses.

Because of its ideal geography, which includes long rides and glaciated valleys during the trek, the Manaslu summit provides mountaineers with half a dozen recognized routes, but the south face is undoubtedly the most difficult. We have the opportunity to be enchanted by the magnificent view of Himalayan peaks while trekking to Manaslu Base Camp and also have the chance to explore some of the most spectacular scenery, with a blend of Nepalese and Tibetan cultures and traditions, and crystal-clear and ice-cold rivers. It is physically remote and distant, but also culturally fascinating and aesthetically inspiring.

However, it is not necessary to tent while trekking because you can experience tea house (staying in a lodge for each night of your trek) trekking in the Manaslu region. You can enjoy the best hospitality and kind greetings while on the expedition, which will make it more enticing and worthwhile.

Itinerary

Day 01: Arrival in Kathmandu Airport and transfer to hotel (1400m)

Day 02: Preparation for the expedition, last minute shopping and obtain permits.

Day 03: Drive from Kathmandu to Soti Khola (1,165m) - 8 hrs drive

Day 04: Trek to Machha khola (1,330m) - 6 hrs trek

Day 05: Trek to Jagat (1,350m) - 4 hrs trek

Day 06: Trek to Deng (2,300m) - 7 hrs trek

Day 07: Trek to Namrung (2,550m) - 6 hrs trek

Day 08: Trek to Lho (3,150m) - 5 hrs trek

Day 09: Trek to Sama Gaun (3,780m) - 4 hrs trek

Day 10: Acclimatization day

Day 11: Trek to Manaslu Base Camp (4,700m/15,420 ft.) - 4 hrs trek

Day 12: (Day 12 to Day 31)Climbing period. (8,163m/26,781 ft.) - Camping.

Day 13: (Day 32)Clean the base camp and prepare to return Kathmandu

Day 14: (Day 33)Trek back to Sama Gaun (3,780m) - 3 hrs trek

Day 15: (Day 34) Trek to Namrung (2,550m) - 6 hrs trek

Day 16: (Day 35) Trek to Philim village (2,300m) - 6 hrs trek

Day 17: (Day 36) Trek to Macha Khola (1,330m) - 6 hrs trek

Day 18: (Day 37) Trek to Soti Khola (1,165 m) - 5 hrs trek

Day 19: (Day 38) Drive to Kathmandu (1,400m) - 8 hrs drive

Day 20: (Day 39) Leisure day in Kathmandu

Day 21: (Day 40) Departure from Nepal

Trip Includes

- The airport picks up and drops off by private vehicles.
- The company offers a welcome and farewell dinner at a typical local restaurant with a cultural dance show in Kathmandu.
- 4 nights of hotel accommodations in Kathmandu on a twin-sharing basis including breakfast.
- All the essential trekking and climbing permits of the Manaslu region.
- Kathmandu-Soti Khola-Kathmandu transportations by private vehicles.
- **Trekking guide:** A certified private trekking guide for the trek.
- **Climbing Guide:** Experienced and government-authorized private climbing guide for the Manaslu summit.
- **Porters:** Provide essential supporting porters for the trek and climbing period.
- Nepal's Government-appointed liaison officer for the expedition.
- Required fixed and dynamic rope during the climbing period.
- **Meals on the trek:** Full board meals during the trek. (Breakfast, Lunch & Dinner)
- **Meals during the climbing period:** Freshly cooked meals (3 times every day) with hot tea/coffee and boiled water during the climbing period. During the climbing period, food will be prepared by our expert cook.
- Serve seasonal fruits every evening after dinner during the trek.
- Emergency oxygen mask and regulator upon the requirement of guest with reliable charge.
- **Accommodations during the trek:** Twins share local lodges accommodations during the trek.
- **Accommodations during the climbing:** Tented accommodations during the climbing period.
- Solar panel with batteries for light and devices charging in the Base Camp.
- Complete camping sets like kitchenware, kitchen, and dining, toilet, and shower tents with tables and chairs.
- A satellite phone is available for communication at an extra cost.
- A comprehensive medical kit for the trek and climbing.
- Trekking and climbing certificate after the successful attempt.

Trip Exclude

- International airfares and Nepal travel visa fees.
- Lunch and dinner in Kathmandu. (except welcome and farewell dinners)
- **Summit bonus climbing guide:** Summit bonus to your private Sherpa guide if approached to the summit (**Minimum US\$ 1300.00**)
- Permission fees for any other extra activities such as paragliding, filming, and walkie-talkies if any

other than trekking and climbing.

- **Tipping base camp staffs:** Gratitude to Base Camp staff are mandatory; **minimum US\$ 200** per member for the team.
- Your personal trekking and climbing gears.
- Hot shower, use of the internet and battery charging at tea houses during the trek.
- Alcoholic beverages, mineral bottled water, and cold drinks during the trek.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.

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