

Annapurna Sunrise Trek

Duration: 9 Days

Starts At: Kathmandu

Grade: Easy

Accommodation: Hotel & Local Lodges

Transport: Car & Bus

Altitude: 3210m

Ends At: Kathmandu

Group Size: Min 2 People

Meals: Breakfast in Kathmandu Hotel

Highlights

- A short and adventurous trek to the Annapurna region.
- Beautiful sunrise and Spectacular Mountain view from Poonhill (3,210m).
- Visit a typical Ghandruk village and explore Gurung culture.
- Sightseeing of historical and cultural heritage sites in Kathmandu valley.
- Hikes through colorful Rhododendron flowers along the route.

Overview

The region that we know of so well – the Annapurnas – is the birthplace of alpinism and home to some of the most famous mountain peaks on the earth, so it's a given that Annapurna 1 and its subsidiary peaks needn't bow to any mountains, anywhere. Its needle-like, gothically drawn skyline is the kind that inspires adventurers globally.

The Annapurna sunrise view trek is also popularly known as the 'Ghorepani Poonhill' trek. It's a treat early morning to view the stunning mountains from the master viewpoint in the entire region. The trip begins from Pokhara city and concludes at Ghandruk; this is an ideal trip for family & loved ones as it is short & sweet with not much altitude to climb. It's a roughly 45-minute drive from Pokhara to Nayapul where our real thrills of adventure begin. When our trekking from Nayapul begins, we soon view lovely natural landscapes of immense beauty all along the way up to Poonhill. The trail has some great ups and downs on the way, & our hike goes through beautiful forests of oak, bamboo and rhododendron and many lovely colorful villages like Ghorepani, Poonhill, Tadapani & Ghandruk. We get to view snowy mountain peaks which include two eight thousanders: Mt. Annapurna (8,091 m) and Mt. Dhaulagiri (8,167m). This route is truly interesting & adventurous as we must climb up 3,000 steps in the village of Ulleri, a test for your physical abilities & energy levels. On reaching our final point-Poonhill, the views of sunrise creeping through the mountains leave you breathless & you never get tired of this natural experience, a gift from God. The maximum altitude of 3,210 meters makes the trip even more enjoyable due to fewer altitude levels. This Annapurna Sunrise Trek

moves you emotionally. Despite the low altitude trekking, the scenery hereabouts is so much to relish. Travelers like students, families, solo or individual travelers, women and young trekkers will simply love this venture. The best season to trek in this region is from mid-September to the end of December and in spring it's the first week of March through mid-June.

Contact us for a fantastic Annapurna Sunrise trip of a lifetime with 'Glorious Himalayan Adventure Treks family'.

Itinerary

Day 01: Kathmandu Airport Arrival - (1,350m/4,428ft)

After your arrival at Tribhuvan International Airport in medieval and modernized Kathmandu, you will be warmly greeted by our office representative and transferred to the hotel. After check-in and some refreshments, our senior Sherpa guide will come to meet you and give you a brief orientation about Annapurna Sunrise Trek. You can then go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples and cows, probably the most in the world. Overnight at hotel inclusive Breakfast.

Day 02: Drive to Pokhara (823m/2,700ft) - 7-8 hrs drive

After breakfast, we leave our hotel early morning for a drive with scenic views along the road to Pokhara via Prithivi national highway. The drive could take roughly 7-8 hrs to reach Pokhara. We also have the option for a flight from Kathmandu to Pokhara for 35 minutes. We then do an overnight at our hotel by the lake in the lovely 'city of lakes' on the BB Plan.

Day 03: Drive to Nayapul and then trek to Ulleri (2050m/6725 ft) - 6 hrs walk

Begin our day after breakfast with a drive up to Nayapool for an hour, and then trek to Ulleri. Then our real journey begins. After we reach Nayapool, we begin our hiking. The trail goes through sub-tropical forests. On the way, we have to cross Modi Khola (river) by hiking across an airy suspension bridge. We have to ascend the about 3000 steps to reach up to Ulleri, this is exciting & challenging. The hiking time from Naya pool-Ulleri is about 5-6 hours of trekking. Overnight at lodge in Ulleri.

Day 04: Trek to Ghorepani (2,750m/9,020 ft) - 5 hrs walk

We move on along steep trails on well-known tracks. Nature lays before us alien sights of majestic snow-capped mountain peaks, lush vegetation and fertile plant life that is so fantastic to behold. We climb further through the rhododendron forest to Deorali [3100m] and reach a hamlet and cultivated fields. Continue walking for 3 hours and

finally, we find ourselves in Ghorepani. Ghorepani also has houses lodges that provide food and accommodation to travelers out on the trail.

Day 05: Trek to Ghandruk (1940m/6360 ft) - 8 hrs walk

As we quit Ghorepani, we hike along terraced fields below the wonderful panorama of awe-inspiring glaciated Himalayan mountain ranges. As the trail moves across a group of flatlands, forest, cultivated lands and a suspension bridge over Khumnu Khola, we arrive at the scenic & beautiful village of Ghandruk after hiking for 8 hours. A supreme vantage point in this pristine & serene village offers breathtaking views of Annapurna South, Gangapurna, Annapurna III, Machhapuchhare and Hiunchuli. Several hotels and teahouses at the village give us a warm welcome with sincere Nepalese hospitality while catering to the requirements of all trekkers' who hit the trail through this village. Camping in its terraced fields gives you the open wild feelings of adventure! Overnight at the lovely village of Ghandruk.

Day 06: Trek to Nayapul and then drive back to Pokhara (823m/2,700ft) - 5 hrs walk

Today is the last day of this trek. After breakfast, we ascend to Nayapul about 5 hours walk, following the trail paved by stones; we walk through some beautiful villages and terrace framings. After crossing Modi Khola, we reach Birethanti. And then half an hour walk from Birethanti, we enter Nayapool. From here, we can easily access any means of transportation to drive to Pokhara. In the evening, you are free to wander by the lakes of Pokhara. Overnight at hotel inclusive breakfast.

Day 08: Kathmandu Sightseeing Day

While driving from Pokhara to Kathmandu, we head up to Damauli, Dumre, Mugling, and Kurintar where Nepal's first Cable car is operated to reach Manakamana Temple, this is a temple where most Nepalese come to have their wishes granted before leaving home or getting married. From Naubise we climb up to Thankot, the gateway to Kathmandu and finally reach our hotel & a lovely soft warm bed. Overnight in Kathmandu inclusive with breakfast.

Day 09: Departure to your destination

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. At Glorious Himalaya, meeting you has been a great honor and we pray for your Safe journey home and will reflect on the wonderful times we spent together. Bon Voyage!!! We hope to see you again some day...

Trip Includes:

- International airport picks up and drops off by private vehicles.
- All the essential trekking permits for the trek.
- Kathmandu-Pokhara-Kathmandu transfers by tourist bus.
- 3 nights hotel accommodation in Kathmandu city inclusive breakfast.
- 2 nights hotel accommodations in Pokhara city inclusive breakfast.
- Farewell dinner in Kathmandu at typical local restaurant with cultural program.
- Experienced and knowledgeable Himalayan Trekking guide.
- Twin sharing local lodges accommodation during the trek.
- 1 day Kathmandu sightseeing around world heritage sites.
- First-Aid medicine for the trek.
- An appreciation certificate after trip completion.

Trip Exclude:

- International airfare
- Nepal visa which obtained at the airport on arrival {bring 4 copies passport size picture too}
- Tips to the trekking guide.
- Extra cost on natural disaster and any kind of alcoholic and cold drinks.
- Entrance fees for Kathmandu sightseeing.
- Meal and porter during the trek.