

Ganesh Himal Trekking

Duration: 21 Days

Starts At: Kathmandu

Grade: Difficult

Accommodation: Hotel, Camp

Transport: Car, Jeep, Bus

Altitude: 4,850m

Ends At: Kathmandu

Group Size: Min 2 Pax

Meals: Breakfast / Lunch / Dinner

Highlights

- Views of the splendid Ganesh Himal mountain range.
- Explore Local life and ethnic culture.
- Scenic drive along the bank of Trishuli river.
- Trek to the unspoiled and remote Ganesh Himal region.
- Visit UNESCO world heritage sites tour in Kathmandu

Overview

Ganesh Himal trekking takes us across a trail overlooked by the majestic Ganesh Himal sub-range. Ganesh Himal is a sub-range of the Himalayan mountain range. It is in north-central Nepal, but some peaks lie on the Tibet border. This sub-range gets its name from the Hindu Lord Ganesha, the elephant-headed god. The south face of Pabil (GaneshIV) one of the peaks in this range resembles the trunk of Ganesha then after it named Ganesh Himal. It is also known as Ruby valley spiritual trek. There are 4 peaks over seven thousand meters and 14 other above six thousand meters in the range. The highest peak in the range is Yangra (Ganesh I) 7,422m (24,350 ft).

Our adventure treks along the Ganesh Himal region in Nepal leads us across peaceful hamlets and terraced fields, to mighty glaciers and into the unexplored. At the backdrop magnificent Himalayan range can be seen along the trail. Though the trek is relatively strenuous, people with good physical fitness can complete the track.

The trail starts from Trishuli River and follows the upper valley landscapes. You will enjoy panoramic views of many majestic mountains, refreshing and smiling faces of native people and walking on the bank of rivers to follow the trail. You will have the opportunity to talk and befriend the local people in these areas. They live in a flat-roofed house in a remote village. This is one of the beautiful Hidden Valleys of the Himalayas. It was guarded by 3 tiered pagodas set on a rocky steep-sided gorge. Natural vegetation varies to pine forest and alpine meadows leading to a huge glacier below the

snow-capped peaks. The Trisuli Gandaki valley on the east separates it from the Langtang Himal; the Budhi (Buri) Gandaki valley and the Shyar Khola valley on the west separate it from the Sringi Himal and the Mansiri Himal. Ganesh Himal range lies about 70 Km north-northwest of Kathmandu, the capital city of Nepal.

Check out our fixed itinerary below or just send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

Itinerary

Day 01 : Arrival in Kathmandu (1400m)

Day 02 : Kathmandu sightseeing tour and preparation for the trek.

Day 03 : Drive to Bhalche (1850m) - 6 hrs drive

Day 04 : Trek to Gongga (3250m) - 6 hrs trek

Day 05 : Trek to Kharka (2500m)

Day 06 : Trek to Rupchet (3250m) - 6 hrs trek

Day 07 : Trek to Pangsang (3750m) - 5 hrs trek

Day 08 : Trek to Paldor Peak Base camp (4220m) - 5 hrs trek

Day 09 : Trek to Yanju Gaun (Paldor pass - 4850m.) - 6 hrs trek

Day 10 : Trek to Barmachet Danda (3550m) - 6 hrs trek.

Day 11 : Trek to Hindung Gompa Danda (2402m) - 5 hrs trek

Day 12 : Rest Day

Day 13 : Trek to Thulo Dhunga (3337m) - 5 hrs trek

Day 14 : Trek to Base Camp/Nojet Kharka (3691m) - 6 hrs trek

Day 15 : Exploration Day (View point)

Day 16 : Trek back to Hindung - 8 hrs trek

Day 17 : Trek to Borang via hot spring (1700m) - 6 hrs trek.

Day 18 : Trek from Borang to Dharkha Gaun (850m) - 7 hrs trek

Day 19 : Trek to Help Post Danda (1350m) - 8 hrs trek

Day 20 : Drive back to Kathmandu - 4 hrs drive

Day 21 : Departure Day

Trip Includes:

- All the airport and hotel transfer as per the itinerary.
- 3 nights of twin sharing star hotel accommodations in Kathmandu city inclusive breakfast.
- 17 nights of twin sharing camping accommodations while on the trek.
- 1 day Kathmandu sightseeing tour around world heritage sites including city tour guide and private transport.
- An experienced and certified trekking guide for the trip.
- Supporting porters to carry your belongings during the trek.
- An experienced trekking cook to prepare your meals for the trek.
- All the required trekking permits and official documentations.
- All the long-range ground transfers by bus and jeep.
- Full board meals during the trek with hot tea or coffee. (Breakfast, Lunch, Dinner)
- All the essential camping equipemtns such as a mattress, sleeping bags, sleeping, kitchen, dining, toilets tents, and Kitchen utensils.
- Company duffel bags and sleeping bags to use for the trek.
- First aid medicine for the trek.
- Trip achievement certificate after trip completion.
- Farewell dinner in a typical Nepali restaurant in Kathmandu.

Trip Exclude:

- International airfares and Nepal entry visas.
- Alcoholic beverages, bottled mineral water, soft drinks, phone calls etc during the trek.
- Your travel insurance.
- Riding horse along the trek
- Tips to the guide and porters.