

Ghorepani Poon Hill Trekking

Duration: 11 Days

Altitude: 3210m

Starts At: Kathmandu

Ends At: Kathmandu

Grade: Easy

Group Size: Min 2 People

Accommodation: Hotels And Tea Houses

Meals: Breakfast

Transport: Car And Bus

Highlights

- Exploring ethnic cultures of Annapurna region, i.e. Gurung, Thakali and Magars
- Hike throughout the beautiful Rhododendrons forest.
- Visit the cultural heritage sites in Kathmandu city
- Magnificent sunrise with excellent mountain views from Poon Hill
- Adventurous tea house and easy trek which is popular among the beginners.
- Explore the paradise of Pokhara valley

Overview

Our 11 days **Ghorepani poon hill Trekking** which is one of our special trek packages that takes you to the foothills of famous Annapurna amidst the rugged hills of Ghandruk. If it's your first time in the Himalayas, then begin your '**Great Himalayan Escape**' with **The Ghorepani Poonhill Scenic Trek**. This is a spectacular retreat that matches the amazing beauty of nature with a taste of the unique local culture that makes your journey so wholesome.

The warmth of the local folks with the lovely landscapes that can be viewed from Poon Hill, a colorful small village that also doubles up as a box office viewpoint-based inside the Annapurna Conservation Area at the height of 3,210m; is something more than what you bargained for. The great views of fishtail [Machhapuchre] peak & the Modikhola River is a treat to enjoy. Close by, there are well-marked trails to hike around, breathtaking mountains to gaze at, fishes to catch & lovely rare birds to spot; this is actually what you experience on this trip. Gorgeous rhododendrons & stunning sunrise & sunsets are also a welcome bonus you relish on this trip. It's awesome wherever you go.

The Ghorepani Poon Hill Trek can be done throughout the year. But it's not wise to do it in the Monsoons (July to August). The trip begins from Nayapul by crossing the airy

suspension bridge over Modi Khola (river) after one hour cruise from Pokhara. And then the trail leads up north of the Valley of Mardi River until Birethanti. Birethanti is a junction point that leads to the Annapurna sanctuary and Ghorepani Poon Hill trek.

The trail then leaves the valley by going up Bhurung Khola/stream. We then reach the wonderful village of Ghandruk inhabited by Gurung, Magar and Thakali communities. The Gurungs are also well-known Gurkha soldiers serving in several armies throughout the world. The Gurung culture museum at Ghandruk is a key attraction in the village. This trek presents chances for a lifetime experience of Nepal's rural culture. This is an outing of great experiences you will remember for one long, long time.

This 11-day trip is designed for those travelers who have the desire to walk in beautiful countryside with beautiful mountain views along with their family on a short holiday. If the trekkers looking for a more rough and tough demanding trek in the Annapurna region then please do visit our [Annapurna circuit trek](#), [Annapurna Sanctuary trek](#).

Check out our well-planned itinerary for **The Ghorepani Poon Hill Trekking** or just simply send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

Itinerary

Day 1: Arrival in Kathmandu (1355m)

After your arrival at Tribhuvan International Airport in medieval and modernized Kathmandu, you will be warmly greeted by our office representative and transferred to the hotel. After check-in and some refreshments, our senior sherpa guide will come to meet you and give you a brief orientation about Ghorepani Poon Hill Trek. You can then go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples and cows, probably the most in the world.

Day 2: Leisure day in Kathmandu

The capital city of Nepal, Kathmandu, being the historical and cultural heart of the country, is a popular destination for tourists, trekkers and other types of adventure seekers. The city is a marvelous amalgamation of Hinduism, Tibetan Buddhism, and Western cultures and influences. Patan and Bhaktapur are its two major neighboring cities. These two cities, like Kathmandu, have a rich historical, cultural and religious legacy which is reflected in the many temples, monuments, and artifacts that they contain. You will be taken on a half-day guided tour of Kathmandu and Bhaktapur cities. In Kathmandu, you will be visiting Pashupatinath, the most famous and revered Hindu

shrine in the country; Boudhanath, the largest Buddhist stupa in Nepal, Soyambhunath, which contains both Buddhist and Hindu shrines and stands as testimony to the religious harmony that exists in the country; and the 15th-century 55-window palace in Bhaktapur. An orientation session for the trek, which commences the following day, will be organized in the evening.

Day 3: Drive from Kathmandu to Pokhara (820m) - 7/8 hrs walk

After breakfast, we leave our hotel early morning for a drive with scenic views along the road to Pokhara via Prithivi national highway. The drive could take roughly 7-8 hrs to reach Pokhara. We also have the option for a flight from Kathmandu to Pokhara for 35 minutes. We will visit some prime spots in the lake city after refreshing at our hotel we will do a tour of some beautiful places in Pokhara that include Davids fall (if we reach early by road), and the Phewa Lake, etc. we then do an overnight at our hotel by the lake in the lovely 'city of lakes' on BB Plan.

Day 4: Drive to Nayapul and trek to Tikhedhunga (1540m) - 4/5 hrs walk

This morning we make the 45-minute drive from Pokhara to Nayapul where our trek commences. From here the trail descends steeply to Birethanti before following the banks of the Bhurungdi Khola to reach Tirkhedhunga where we crash out for our first overnight on the trail. Overnight at our lodge.

Day 5: Trek to Ghorepani - (2870m) - 6 hrs walk

After having breakfast we start our journey. On the way, we cross the suspension bridge and many beautiful waterfalls. Then the trail goes steeply upwards about one and a half hours till above Ulleri (2080 m). Ulleri is a small Magar village which can offer you the view of Mt Annapurna South (7219m). We can find several lodges in this village. Going further to Banthathi, we can see Mt. Machhapuchhare (6996m). . After then, we walk toward Nangethanti (2460m) where we stop for lunch. After an hour's walk, we reach Ghorepani (2750m), followed by Upper Ghorepani which takes more than ten minutes. We will be at Deurali pass which is a way to Annapurna circuit, Jomsom Muktinath & Annapurna base camp trek. This trekking is also called Annapurna panorama trek or Poon Hill trek. Ghorepani/Deurali is a huge settlement with lodges and shops. You can see Dhaulagiri 8167m, Nilgiri south 6839m, Annapurna south 7219m & Hiuchuli 6441m. Overnight at lodge.

Day 6: Trek to Tadapani (2590m) - 5/6hrs walk

We wake up early morning to hike up to the famed vantage point of Poon Hill. The climb to Poon Hill takes around 45 minutes. As the sun rises, the views are breathtaking, a wide Himalayan scenery stretching from Dhaulagiri 8167m (the world's seventh highest peak) to Manaslu (8156m) (the world's eighth highest peak) in the east, with the mighty Annapurna range is a fantastic experience we enjoy in between them. We will return to our camp in time for a warm breakfast. Afterward, the first part involves climbing along

the ridges of the hills in pine and rhododendron forest to 3030m and then descending to a second pass, Deurali. The steep descent becomes gentle as we reach Banthanti where we will stop for lunch. From Banthanti, the trail follows the stream down to a bridge and starts climbing to Tadapani (2540m). We crash out at our lodge.

Day 7: Trek to Landruk (1565m) - 5 hrs walk

As we quit Tadapani, we hike along terraced fields below the wonderful panorama of awe-inspiring glaciated Himalayan mountain ranges. As the trail moves across a group of flatlands, forest, cultivated lands and a suspension bridge over Khumnu Khola, we arrive at the scenic & beautiful village of Ghandruk after hiking for 3 to 4 hours. A supreme vantage point in this pristine & serene village offers breathtaking views of Annapurna South, Gangapurna, Annapurna III, Machhapuchhare and Hiunchuli. Several hotels and teahouses at the village give us a warm welcome with sincere Nepalese hospitality while catering to the requirements of all trekkers' who hit the trail through this village. Camping in its terraced fields gives you the open wild feelings of adventure! Overnight at the lovely village of Ghandruk.

Day 8: Trek to Dhampus (1650m) - 5 hrs walk

After early morning breakfast, we can enjoy the view of Sunrise, Annapurna South, Himchuli, Machhapurchre & much of the countryside. We leave Landruk catching flat trails about an hour then a little steep for 20 minutes to reach Tolka. Tolka trail follows through the forest again with steep ascends for about one & half hours to get to Deurali, from where you can see the valley of Pokhara. You will find teashops at Tolka and Deurali. After Deurali, the trail leads to where you gradually descend to Dhampus via Pothana. Overnight at the lodge.

Day 9 : Trek to Dhampus Phedi- Pokhara - 1 hr walk

This morning will be a fantastic morning with views of the Annapurna Himalayas & scenic settlement of villages, we walk up a steep stone setup trail down to Dhampus Phedi/Ghatte Khola for about an hour and then drive to Pokhara (about 30 minutes drive). Overnight at the hotel inclusive breakfast.

Day 10: Pokhara to Kathmandu

While driving from Pokhara to Kathmandu, we head up to Damauli, Dumre, Mugling, and Kurintar where Nepal's first Cable car is operated to reach Manakamana Temple, this is a temple where most Nepalese come to have their wishes granted before leaving home or getting married. From Naubise we climb up to Thankot, the gateway to Kathmandu and finally reach our hotel & a lovely soft warm bed. Overnight in Kathmandu inclusive breakfast and dinner.

Day 11: Fly back to your home

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. At Glorious Adventure, meeting you has been a great honor and we pray for your Safe journey home and will reflect on the wonderful times we spent together. Bon Voyage!!! We hope to see you again someday...

Trip Includes:

- All the airport and hotels transfer by private vehicles.
- 3 night's hotel accommodations in Kathmandu city inclusive breakfast.
- One day Kathmandu sightseeing by city tour guide with private vehicle.
- Highly experienced English speaking trekking guide and porters (one porter for two-person) salary/accommodation/ insurance.
- Best available twin sharing Tea house/Lodge accommodation during the trek.
- Kathmandu – Pokhara – Kathmandu transportation by luxurious tourist bus.
- All the necessary trekking permits and entrance fees for the trek.
- Two-night hotel accommodation in Pokhara city inclusive breakfast.
- Sleeping bags and company duffel bags to use for the trek. (Should return after the trek)
- First aid medicine for the trek.
- All the government taxes and company service charge
- Farewell dinner at the end of the tour.

Trip Exclude:

- International airfares.
- Your travel insurance.
- Nepal visa which obtained at the airport on arrival {bring 4 copies passport size photo}
- Meals during the trek.
- Riding horse along the trek
- Tips to the trekking crews.