

Shaman Kham Culture Trek

Duration: 13 Days

Starts At: Kathmandu

Grade: Moderate

Accommodation: Homestay

Transport: Bus And Jeep

Altitude: 3,400m

Ends At: Kathmandu

Group Size: 2+ Pax

Meals: Breakfast, Lunch & Dinner

Highlights

- Hike towards beautiful virgin Dhorpatan valley.
- Experience Kham culture and their Shamanism
- Hike through the beautiful jungle, river and valleys.
- Breathtaking views of mountains including Mt. Dhaulagiri ranges.

Overview

Shaman Kham culture trek offers a spectacular trekking experience, unique shaman practice and Kham culture in the remote hill and mountain region of Nepal. Shaman Kham culture trek is also popular for cordyceps (yarshagumba) and shepherd life experience. We can admire the uniqueness of shaman tradition, Kham culture and view of Dhaulagiri mountain range.

The route passes through Baglung, Purbi Rukum and Myagdi district. The land is blessed with wide ranging natural resources and biodiversity captivating waterfalls, rivers, caves and delightful lakes as well as the towering sublime Himalaya to north. Local people are simple minded and kind hearted. Shaman Kham culture trek has a unique shaman practice and belief than other shaman. During the trek, you will also get chance to experience shepherd lifestyle.

Along the visit many sites that figure prominently in recent history in an area of immense peace, beauty and hospitality that is open, ready and willing to host tourists.

Itinerary

Day 01 : Drive from Kathmandu to Burtibang(1130m.) 14 hours drive

Day 02 : Drive from Burtibang to Dhorpatan (2860m.) - 5 hrs drive

Day 03 : Trek from Dhorpatan to Takasera (2400m.) - 6 hrs trek

Day 04 : Trek from Takasera to Maya (2500m.) – 6 hrs trek

Day 05 : Trek from Maya to Maikot (2600m.) – 6 hrs trek

Day 06 : Trek from Maikot to Pelma (2650m.) – 6 hrs trek

Day 07 : Trek from Pelma to Thangkur (3000m.) – 6 hrs trek

Day 08 : Trek from Thangkur to Gurjaghat (3020m.) - 6 hrs trek

Day 09 : Trek from Gurjaghat to Moreni (2450m.) – 6 hrs trek

Day 10 : Trek from Moreni to Takam (1650m.) – 6 hrs trek

Day 11 : Trek from Takam to Beni (830m.) - 5 hours trek

Day 12 : Drive from Beni to Pokhara (850m.) – 4 hrs drive

Day 13 : Drive from Pokhara to Kathmandu – 7 hrs drive

Trip Includes:

- All the ground transports as per the itinerary by local bus and jeeps.
- Full board meals while on the trek. (breakfast, lunch and dinner)
- 12 nights of twin sharing best local home-stay/tea houses accommodations during the trek.
- An experienced and government certified trekking guide for the trek.
- Essential supporting porters to carry your loads during the trek. (1 porter for 2 guests)
- One night hotel accommodation in Pokhara city inclusive breakfast.
- First aid medicine for the trek.
- All the essential trekking permits and official paperwork for treks.

- Company duffel and sleeping bags to use for the trek.
- Trip achievement certificate.
- Farewell dinner in Kathmandu at a typical local restaurant with a cultural dance performance.

Trip Exclude:

- Nepal entry visa and international airfares.
- Any alcoholic beverages, cold drinks, hot shower, battery charging while on the trek.
- Hotel accommodations in Kathmandu.
- Tips to the trekking guide and porters.