

Lobuche Peak Climbing

Duration: 20 Days

Starts At: Lukla

Grade: Challenging

Accommodation: Hotel, Guest House, Tent

Transport: Car, Jeep, Plane

Altitude: 6,119m

Ends At: Lukla

Group Size: Min 2 Pax

Meals: Breakfast, Lunch, Dinner

Highlights

- Summit Lobuche Peak (6,119m)
- Hike along the Everest Base Camp trekking trail.
- Superb views of Everest, Lhotse, Nuptse, Makalu and Ama Dablam peaks.

Overview

There are many mountains in the world but do they all attract your adventure sense, Lobuche is a different peak; it has the potential to grip you, and you will find it backed up by many reasons? It is said that Lobuche is popular; many climbers climb it every year. It lies in the Everest Region, and everybody wants to trek in this region when they plan to make their holiday adventure. Lobuche lies close to Everest, and what could be the greatest highlight to you than this? Lobuche is easy to climb, but do not underestimate its height, after all, it is a snow-covered mountain. Where there is snow at such an altitude, there are many unexpected things from adventure to easy climbing route. Lobuche is not all about these; it is also about reaching its summit, and the summit of Lobuche is the best vantage point that becomes the main reason and that boosts the spirit of the climbers every time they look at it.

There are few mountains in the world that have 2 summits, and Lobuche is one such. Climbers are hungry to reach the summit. But which summit? Lobuche East Summit or the Lobuche West Summit. The summit always matters because it is the top of the world. What happens to your heart when this summit shows you the view of the one and only Everest? The summit also shows you the view of the mountains that are on the Tibetan side. At the same time, the summit becomes rewarding by showing you the view of Lhotse, Nuptse, Ama Dablam and Pumori. The summit is the highest feature of the mountain from where you will experience that closeness that you can ever get of the world's highest and the world's most beautiful mountain. To reach the summit is a short activity, but the way it offers you is a life-long impression.

Our Lobuche Peak Climbing itinerary allows enough acclimatization and climbing preparation for the ascent of the Lobuche peak. Check out our fixed itinerary for Lobuche Peak Climbing or just send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

Itinerary

Day 01 : Arrival in Kathmandu and transfer to the hotel. (1400m)

Welcome to Nepal! Our office representative will receive you outside the international airport terminal and transfer you to your respective hotel. After some refreshment and rest, our guide will come to meet you and brief you about our upcoming program. You can wander around the street and get familiar with the neighborhood. In the evening, we will host a welcome dinner for your warm welcome with Typical Nepali cuisine and a Cultural dance. This is your probably your first night in the Himalayas.

Day 02 : Kathmandu Valley sightseeing and trip preparation

After our early breakfast, our tour guide will receive you with a private tourist vehicle to have a city tour. Our city tour includes the renowned UNESCO world heritage sites such as Syambhunath Stupa, Boudhanath Stupa, Kathmandu Durbar Square, and Pashupatinath temple. After completion of our sightseeing program, we get back to our hotel and ensure everything is checked and packed. Our trekking guide will give you a short briefing about our tomorrow's program. Overnight at Kathmandu.

Day 03 : Flight to Lukla (30 min), Trek to Phakding (2848m) – 3/4 hours

Early morning our trekking guide will receive you for our flight to Lukla(2850m). The scenic flight to Lukla takes around 30 minutes which is a unique experience in itself. Once we land on one of the highest airports in the world, we will meet our supporting crew and begin our trek to Phakding, following the Dudh Koshi River. The well-marked trail takes you through several ups and downs along Dudh Koshi Valley, passing colorful prayer flags, Chortens, and mani walls. After 3/4 hours of steady trek, crossing many suspension bridges, and taking several rests on our way, we finally reach our final destination of the day on a riverside, Phakding. Overnight at a local GuestHouse.

Day 04 : Trek to Namche Bazaar (3440m) - 5/6 hrs trek

After early breakfast, we leave Phakding and set off for Namche Bazaar. Passing Monjo, we enter the Sagarmatha National Park, a world heritage site, which was set-up to preserve and protect the mountain vegetation and endangered wildlife. Along the way, we will also encounter several mules and porters carrying heavy loads on their back. If the weather is clear, we also get the first glimpse of Mt. Everest. After crossing a long suspension bridge, we take a steep hike to Namche Bazar where we stay overnight.

Day 05 : Acclimatization day at Namche

Namche is the gateway to Everest and is an ideal place to spend a day. It is the main trading village in the Everest Region which has an abundance of tea shops, lodges, souvenir shops, and a busy Saturday market. Today, we will have a visit to a museum, Khumjung Village, and the Everest View Hotel, which is an hour walk above Namche. In the evening we get to have a beautiful sunset view of Ama Dablam, Lhotse, Nuptse, and Everest. To cope our body with high altitude, we spend another night at Namche which helps us prevent the Altitude Sickness.

Day 06 : Trek to Tengboche (3860m) - 5/6 hrs trek

After breakfast, we head for Tengboche with incredible views of Ama Dablam, Nuptse, Lhotse, and Mt. Everest. The trail to Tengboche has ups and downs with striking views of the Mountains. If lucky, we may spot some regional wildlife, such as musk deer, a herd of Himalayan Thar, and maybe Himalayan pheasant. We gradually descend our way down to Kayangjuma before reaching Sansa. Sansa is a major junction to Everest Base Camp and Gokyo valley. The trail further follows through pine forests, passing colorful prayer flags draped on the suspension bridge over the Dudh Koshi River. Amid alpine wood, on the other side of the bridge is a small army post and lies a small settlement called Phunki Thenga, where we stop for a relaxed lunch. After some minutes of rest, we then start a steep climb before arriving at Tengboche. Tengboche holds the biggest Buddhist monastery in the Everest Region. We will visit the monastery at around 3 pm to see a ritual performed by the monks. Overnight at Tengboche.

Day 07 : Trek to Dingboche (4360m) - 5/6 hrs trek

Today we shall walk for 5 to 6 hours and gain an overall elevation of 500 meters. We start our trek with a descend to Imja Khola through Deboche. Crossing a wooden bridge over a river, the trail gradually rises towards Pangboche. We will have our lunch at Pangboche where we also get a closer view of Ama Dablam peak at a distance. Further, we continue our trek overlooking grazing Yaks, horses, Chortens, and finally, arrive at the small settlement on the riverbank called Dingboche. Overnight at a local Teahouse.

Day 08 : Acclimatization day at Dingboche

After Namche, our second acclimatization day will be at Dingboche, where we are surrounded by Ama Dablam and Lhotse mountains. We spend our day hiking to Chhukung through stone-walled fields. We can also see Island Peak soaring above us, beyond Bibre village.

After our lunch in Chhukung, our climbing leader ensures that our items of equipment are in good working condition. In case not, we may have to rent another set of equipment at Chhukung, as it is the best place to hire equipment for Peak climbing. In such a case, our climbing leader will help us sort out the best parts. We descend back to Dingboche and spend overnight.

Day 09 : Trek to Lobuche (4910m) - 4/5 hrs trek.

After breakfast, we leave behind Dingboche and set-off for Lobuche. Ascending towards a valley, our trail today is mostly flat along the river. A few moments of a steep hike and crossing a metal bridge over a glacial river takes us to a remarkable site of Dughla. We will have our lunch at Dughla and continue our steep climb towards Louche via Chukpo Lari. Chukpo Lari holds the memorial site built on the name of those who lived their dreams and died on Everest.

Making our way further into a glacial valley we follow a rocky and flat trail and finally arrive at our final destination of the day, Lobuche. Overnight at a local lodge.

Day 10 : Trek to Gorakshep (5140m) and visit Everest Base Camp (5364m) - 7/8 hrs trek

Today is a long day on a rocky and relatively flat glacial valley. We climb through moraine stones steps and meadows to reach Gorakshep, by either heading to Everest Base Camp or continue climbing to Kala Patthar. We recommend the Everest Base Camp for our guests. However, we do not see Mt. Everest from Everest Base Camp. Although from Kala Patthar, we get to see the entire southern face of Mount Everest and many surrounding peaks. Overnight at Gorakshep.

Day 11 : Hike to Kala Patthar (5545m) and trek back to Lobuche - 7/8 hrs trek

Early morning, we have an option to hike Kalapatthar (5545m) and witness a remarkable sunrise over the top of Everest. Be ready to capture the moments as the first rays of the sun hit the top of the highest mountain on Earth. We can have a scenic view of Mt. Everest and many other surrounding peaks that include the famous Mt. Lhotse, Mt. Nuptse, Mt. Ama Dablam, Mt. Thamserku, Mt. Lingtren, Mt. Pumori, and much more high peaks. Later, we return to Lobuche for an overnight stay.

Day 12 : Trek to Lobuche Base Camp (4910m) - 3/4 hrs trek

After breakfast, we head for Lobuche Base Camp. We walk on a relatively flatter plane for some distance then take a steep rocky trail to Lobuche Base Camp. Upon reaching the Base Camp, our crew will set up our camp. After having our lunch prepared by our crew, we will make the necessary preparation for tomorrow. Our climbing guides will give necessary training on peak climbing techniques and using climbing gear s such as harness, ice axes, climbing boot, zoomer, and how to use ropes to go up and down. The training also includes the techniques to make the knot and how to fix ropes. The training will increases the climbing skills and would boost the confidence of climbers. Overnight at Lobuche Base Camp.

Day 13 : Trek to Lobuche High Camp (5400m) - 3/4 hrs trek

After 12 days of our trek, we head for High Camp, enjoying the marvelous views of the surrounding peaks. Our climbing guide will decide the best place to set up our camp once we reach the High Camp. We will have our lunch and take a rest thereafter. We will also prepare physically and mentally for the climb to Lobuche Peak. We'll go to bed early to wake up before the sun tomorrow.

Day 14 : Summit to Lobuche Peak (6199m) and get back to High Camp - 8/10 hrs

Today is our most important day which we have been waiting for a long time. We start our climb before the sunrise in order to reach the summit in time. Lobuche East offers an amazing view of Island Peak and many more peaks. From the Lobuche summit, we can take panoramic and exhilarating views of Everest, Ama Dablam, Lhotse, Nuptse, Cholatase, Pumori, and other surrounding peaks. We will rest awhile and take our time to celebrate by taking photos before we descend back to High Camp.

Day 15 : Extra day for weather and other contingencies

The weather in the mountain region is always uncertain and can change at any time. So we use this day in case there are adverse weather conditions or any group member has a problem acclimatizing. We will postpone our ascent of the summit for a day in such cases. If everything goes as per our plan, we do not need this spare day.

Day 16 : Trek to Pangboche (3985m) - 6/7hrs trek

From today we descend back leaving the Lobuche Base Camp, heading for Pangboche. We will join back the Everest Base Camp route and retrace our path to Pheriche. Pheriche is a small windy town in the riverbank where the Himalayan Rescue Association is also located to provide medical treatment to trekkers as well as the locals in the area. We further trek down amid the juniper and rhododendron trees before finally arriving at Pangboche where we will spend overnight. You can also visit the famous Pangboche Monastery while in Pangboche.

Day 17 : Trek to Namche (3440m) - 7 hrs trek

Carrying the wonderful memories and experiences, we continue our trek on the EBC trail and advance for Namche. All those headaches disappear and breathing becomes easier, as we notice the drop in the altitude. As we walk down, we can also notice more vegetation and greenery of refreshing rhododendron and pine forests. After Tengboche, we will go downhill until Phungi Theka and take an uphill walk that takes us to Namche Bazar. We shall take a relaxing shower at Namche and take a well rest. Overnight at Namche

Day 18 : Trek to Lukla (2800m) - 7 hrs trek

Today is our final trekking day as we descend further down to Lukla, crossing Hilary Bridge. We get along Dudh Koshi River and cross several suspension bridges on our way back to Lukla. After we reach Lukla, we will celebrate the successful completion of Lobuche Peak Climbing with all our crew members. We will then pack our luggage and get ready for tomorrow's flight to Kathmandu. Overnight at a local GuestHouse.

Day 19 : Flight Back to Kathmandu (1400m) - 35 minutes flight

This is our last day in the Everest region. After a long time in the mountains, we take an early flight back to Kathmandu. Our guide will drop you in your hotel via a private tourist vehicle. If you are interested to take gifts and souvenirs from Nepal, you can visit the nearby souvenir shops in Thamel. You can also explore the other areas of Kathmandu if you haven't yet. In the evening, we will celebrate a farewell dinner together hosted by our company for a successful journey in the Himalayas.

Day 20 : Departure from Nepal

Today is your final day in Nepal. Our office representative will drop you at the airport at least 3 hours prior to your actual flight. It was precious time spent together in Nepal. Have a safe journey! We hope to see you again!

Trip Includes:

- All the airport pickups and drop-offs by private vehicles.
- 3 nights of 3-star category hotel accommodation in Kathmandu city inclusive breakfast.
- 16 nights of twin sharing local lodges and camping accommodations while on the trek and climbing period.
- 1 day Kathmandu sightseeing tour including city tour guide and private transport.
- Domestic flights including airport taxes. (Kathmandu-Lukla-Kathmandu)
- Full board meals (Breakfast, Lunch, Dinner) during the trek and climbing period.
- Boiled water will be served during the peak climb.
- All the necessary camping gears like two men tent, dining tent, kitchen tent, Toilet tent, kitchen equipment, mattress for your stay in base camp and high camp.
- An experienced and license holder trekking guide for the trek.
- An expert and license holder climbing guide for Mera peak climb.
- Supporting porters to carry your loads for the trek. (1 porter for 2 guests)

- All the essential trekking, climbing permits, and entrance fees for the trek.
- Glorious Himalaya Trekking company rain protection duffel bags and sleeping bags to use for the trek.
- First aid medicine for the trek.
- Government taxes and company service charges.
- General climbing equipment such as rope, ice screw, snow bar etc.
- Nepalese cuisine farewell dinner in Kathmandu with a cultural dance show.
- Trip achievement certificate after successful trip completion.

Trip Exclude:

- International airfares and Nepal travel visa.
- Entrance fees for Kathmandu sightseeing.
- Your Travel Insurance
- Personal climbing equipments.
- Items of a personal nature such as alcoholic drinks, hot shower, use of WIFI, cold drinks, laundry.
- Tips for guides and porters.
- Any others expenses which are not mentioned on our price includes a section