

Yala Peak Climbing

Duration: 13 Days

Starts At: Kathmandu

Grade: Hard

Accommodation: Hotel/Lodge/Tent

Transport: Jeep/Car/Bus

Altitude: 5,732m

Ends At: Kathmandu

Group Size: 2-14 Pax

Meals: Breakfast/Lunch/Dinner

Highlights

- Stunning views of mountains including Ganesh Himal, Langtang Lirung, Dorje Lakpa, Ganjala Range.
- Summit Yala Peak (5732m)
- Explore Ethnic Tamang Culture
- Visit the Cheese factory in Kyanjin Ri
- Kyanjin Gumba – Oldest Buddhist temple of the Langtang region.

Overview

Yala Peak (5,732m) is an easy and adventure trekking peak in Nepal. It is located north side of Kathmandu in Langtang region. Yala peak separated the border of Nepal and Tibet just by a ridge. Langtang region is close to the Tibet border and popular for Gosainkunda and Helambu treks as well. One of the less technical trekking peaks of Nepal, which is suited for anyone with trekking experience but well physical fitness is required. This 5,732m peak does not require mountaineering experience before. The trips offer a beautiful introduction of mountaineering in the Himalaya Nepal.

The program begins with seven hours drive from Kathmandu. And after, we start the trek through the sub-tropical jungle, then a dense forest of Oak and pine before the valley opens out into alpine meadows and yak pastures. We trek up to Yala base camp (4,800m) for summiting the peak. We take a rest at Kyanjing Gompa (3,800m) for acclimatization while heading to the Yala Base camp. Kyanjing Gompa lies in an elongated amphitheater surrounded by high snow-capped peaks. Kyanjing Gompa provides you spectacular views of Langtang Lirung (7,246 m), Kimshing Peak (6,500m), Langtang glacier. The view from the summit is breathtaking – magnificent snow-capped peaks all around and views across to the mountains of Tibet, including Shishapangma (8,013 m) and Gangchempo (6,388 m). After the successful completion of the Yala summit, you will be returned either direct to Dhunche or via Gosainkund pass trekking to

Helambu. Trekkers/climbers can also make Langtang Ganja la pass trekking after summit the Yala Peak.

Check out our fixed itinerary for ***Yala Peak Climbing*** or just send us an [email](#) and we'll tailor-make an itinerary based on your requirements.

Itinerary

Day 01 : Arrival in Kathmandu and transfer to the hotel (1400m)

Welcome to the Himalayas! Our airport representative will receive you outside the airport terminal. You can recognize him holding our company name card (Glorious Himalaya). He will transfer you to the hotel via a private tourist vehicle and help you check-in. You can have some refreshments and rest for a while after a long flight, or explore the city and be familiar with the neighborhood. Later our office representative will provide you a briefing about our upcoming trip. In the evening we will host a warm welcome dinner with Nepali cuisine and cultural dance. Overnight at your hotel inclusive breakfast.

Day 02 : Drive to Syabrubesi (1460m) - 7 hrs Drive

After breakfast, we leave our hotel and set-off for Syabrubesi. We will drive towards the north, along the riverbanks, and have our lunch at Trishuli. Upon our arrival at Syabrubesi, we can explore around and spend the night at the guesthouse inclusive of full board meals.

Day 03 : Trek to Lama Hotel (2400m) - 6 hrs Trek

This morning will be one of the greenery terraces scenic scenery as well as the Mountains. The first trails lead us to descend to the suspension bridge with walking slippery muddy & some domestic animals dunk through bamboo & trees, Thus, meet the trail at pahiro{landslide} which comes from Syabru Beshi then gradually climbs to Bamboo passing through the Landslide area. It keeps up to Rimche through Bamboo where we follow the bank of Langtang river, you can stop at Rimche for overnight at Rimche because of the good views. On this route can be seen as bears, Monkeys & red pandas. Overnight at lodge on full board.

Day 04 : Trek to Langtang Village (3330m) - 6 hrs Trek

After our early breakfast, we will leave the Lama Hotel and trek towards Langtang Village. We will further get deeper into the Himalayas and enjoy our trek through the enriching forest. Usually, we can sight the black-faced Langur Monkey and several species of birds on our way. If lucky, we may also sight the rare Red Panda and several other animals. We pass through lone teahouse at Gumnachok and begin our steep climb towards Ghoratabela. At Ghoratabela, there is an army check post where we will

be required to show our trekking permits. Further, we will continue our trek through Chyamki and Kangtanga, which are small settlements, and make a short climb until we reach Langtang Village. Overnight at a teahouse with full board meals.

Day 05 : Trek to Kyanjing Gompa (3870m) - 3 hrs Trek

It is an easy & short day trek to Kyanjing Gompa. It takes about three to four hours. Kyanjing is the last settlement of the Langtang valley. At Kyanjing, you can visit the Cheese factory & monastery too and also you can buy fresh cheese from the factory. This is a really beautiful valley & where plenty of exploring sights. Overnight at lodge on full board.

Day 06 : Acclimatization Day

Acclimatization is a must while traveling in the high Himalayas. We must familiarize our body to a new altitude to avoid the altitude sickness/ Acute Mountains Sickness (AMS). Today, we will spend our day for acclimatization and explore around Kyangin Gompa and hike to Tsergo-Ri at 4985m, that provide the majestic views of the beautiful valleys and surrounding peaks. Overnight at a teahouse with full board meals.

Day 07 : Trek to Yala Peak Base Camp (5033m) - 6 hrs Trek

It will take 6 hrs to reach Yala Base Camp from Kyangjin Gompa. From the Base camp, we can see the view of mountains like Naya kanga, Tserko RI, Yala Peak Ganchempo etc. And Overnight at Camp on full board meal.

Day 08 : Summit Yala Peak (5732m) and back to Kyanjin Gompa (3870m) - 8 hrs Trek/Climb

Early in the morning, we start to climb Yala Peak, we can see the fascinating views of Dorje Lakpa, Naya kanga, Tserko – Ri, Shisapang, Ganchempo, Langtang Lirung, and many other Tibetan mountains also. And return back to Kyanjing Gompa and overnight at Lodge on full board meal.

Day 09 : Trek back to Lama Hotel - (2400m) - 6 hrs Trek

We continue our trek on the same path that we previously took through the villages and forests. We will have alternative views of our surroundings that we had earlier. Overnight at a local tea house in Lama hotel with full board meals.

Day 10 : Trek back to Syabrubesi - (1460) - 5 hrs Trek

Today we will enjoy a rather easy downhill trek that passes through the dense forest of rhododendron, oak, and pine trees. We pass along several villages and farmlands and descend all the way down to Syabrubesi and end our last trek. Overnight at a local guesthouse with full board meals.

Day 11 : Drive back to Kathmandu (1400) - 7 hrs drive

Today is our last day in Langtang Region. As we are at the end of this adventure, we drive back along the hilly road on our way to Kathmandu. We will get to observe the local lifestyle, terraced farming, and beautiful green highlands on our way back to Kathmandu. In the evening our company will host a dinner for your successful summit of Yala Peak. Overnight at the hotel inclusive breakfast.

Day 12 : Kathmandu Sightseeing Tour

After breakfast, our tour guide will receive you at your hotel with a tourist vehicle. Our valley tour includes Syambhunath (The Monkey Temple), Pashupatinath (The Largest Temple), and a visit to Boudhanath. We will also visit Kathmandu Durbar Square at the end of the day and then drive back to your hotel. Overnight at the hotel inclusive breakfast.

Day 13 : Departure Day

This is your last day in Nepal! After breakfast, our escorts and vehicle will be standby to drop you to the international airport. We will leave the hotel at least 3 hours prior to your actual flight. It was a wonderful and great time spent together! We hope to see you again ! Have a safe journey!!

Trip Includes:

- All the airport pickups and drop-offs by private vehicles.
- 3 nights of 3-star category hotel accommodation in Kathmandu city inclusive breakfast.
- 9 nights of twin sharing local lodges and camping accommodations while on the trek and climbing period.
- 1 day Kathmandu sightseeing tour includes city tour guide and private transport.
- Full board meals (Breakfast, Lunch, Dinner) during the trek and climbing period.
- Boiled water will be served during the peak climb.
- All the necessary camping gears like two men tent, dining tent, kitchen tent, Toilet tent, kitchen equipment, mattress for your stay in Yala peak base camp.
- An experienced and license holder trekking guide for the trek.
- An expert and license holder climbing guide for the climb.
- Supporting porters to carry your loads for the trek. (1 porter for 2 guests)
- All the essential trekking and climbing permit fees for the trek.

- All the required long-range ground transports by local jeep.
- Glorious Himalaya Trekking company rain protection duffel bags and sleeping bags to use for the trek.
- First aid medicine for the trek.
- Government taxes and company service charges.
- General climbing equipment such as rope, ice screw, snow bar etc.
- Nepalese cuisine welcome & farewell dinner in Kathmandu with a cultural dance show.
- Trip achievement certificate after successful trip completion.

Trip Exclude:

- International airfares and Nepal travel visa.
- Entrance fees for Kathmandu sightseeing.
- Your Travel Insurance
- Personal climbing equipments.
- Items of a personal nature such as alcoholic drinks, hot shower, use of WIFI, cold drinks, laundry.
- Tips for guides and porters.
- Any others expenses which are not mentioned on our price includes a section